All Saints Church, Denmead

# The Parish CHRONICLE

Church & Community News & Events December 2024 50p



#### THE PARISH OF ALL SAINTS DENMEAD

www.allsaintsdenmead.org.uk facebook.com/allsaintsdenmead

#### Parish Office

Parish Administrator: Karen Rose, 023 9226 8757 or email: parish.admin@allsaintsdenmead.org.uk

Parish Office Hours: Mon, Tue, Thu and Fri: 9am - 1pm. Wednesdays: Closed

#### Vicar

Revd. Emma Racklyeft email: vicar@allsaintsdenmead.org.uk 023 9226 2647 The Vicarage, Ludcombe, Denmead, Waterlooville, Hants, PO7 6TL

#### Curate

Revd. Buffy Langdown email: curate@allsaintsdenmead.org.uk 07747 819918

#### Churchwardens

Amanda Hillyard, 07808 198827, Mike Gaskin, 07734 325284

#### Youth and Family Community Leader (part time)

Lewis Jones, email: youth@allsaintsdenmead.org.uk 07780 981235

#### **Safeguarding Officer**

Mike Gaskin, 07734 325284 email: safeguarding@allsaintsdenmead.org.uk

#### **All Saints Church Parish Chronicle**

Editor: Steve Venn, email: chronicle@allsaintsdenmead.org.uk Assistant Editor: Julia McLeod Distribution: If you would like a copy to be delivered to your house each month please contact Paul Over, 07775 706082; email: paulover@btinternet.com Advertisements: Trish Bailey, email: patricia.bailey@allsaintsdenmead.org.uk Finance: Stuart Cleaver

#### **Contributions for the Parish Chronicle**

Please submit articles by email: chronicle@allsaintsdenmead.org.uk by 10th of the preceding month or deliver to All Saints Church Office by 5th of the preceding month, clearly marked "Chronicle". For enquiries phone Steve Venn: 07803 595915.

Cover photo: Steve Venn

If you would like to submit a photo for possible use on our front cover, please email: **chronicle@allsaintsdenmead.org.uk** 

### Advent, Christmas and beyond...

On the First Sunday of Advent our Church, and many others, begin a new Church year. The Church begins its year with a time of hope, and Advent—so

frequently 'lost' in the preparation for Christmas—is the season of hope par excellence. It is the season of hope, because our God who came to us in the coming of his Son, will come again in judgment and glory.

Our God "comes to enrich our personal and collective histories, our dashed hopes and our sterile yearnings." (Pope Francis:2015). In Advent, we proclaim and celebrate our hope and our trust that our God is faithful: that the Lord will come again and again to rescue us, to heal us, to console us, to be with all that he has called into life.



God calls us forward to a new world, to embrace a new future. That is God's deeper gift to us. His call is not to return to a wonderful place where "everything was wonderful" – be that Bethlehem or the "wonderful world" of our shared past. Our prayer this Advent and always is, therefore, shaped by that hope.

In this time, when so much of our world is drowning in war and civil strife, facing desperate poverty or oppression, where nations are bowed down from extreme events and natural disasters, and the far right is surging in many nations across the world, our anticipation of the joy of Christmas is all the greater for the depth of the crisis through which we travel. Christian hope is not naive. It does not give rise to nostalgia, denial or conformity. Rather it is realistic in its faithfulness and bold in its imagination.

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As we prepare to celebrate the overwhelming gift of love and truth that was the Incarnation, we are invited to take stock of how well prepared we are, not only to celebrate the birth of Jesus at Christmas, but to live the kind of life we are meant to live, loving one another and the whole human race as much as we are loved.

The Gospel for the First Sunday of Advent (Luke 21: 25-36) reminds us that the Christian life is rooted in prayer; we are urged to pray at all times, for the strength to survive all that is going to happen, so that we can stand with confidence before the Son of Man – Jesus.

As Advent advances and Christmas draws nearer, can I encourage you to consider afresh the nativity story. For in this account, we find light that shines in the darkness of our disenchanted, confused and fear-driven world. It is a candle of

#### The Letter

hope for the future. It is the greatest story ever told. It is the miracle of God's surprising love, of a young maiden's faith, of a child from the heavenly realms and of a 'moment-in-time' that has transformed the future of humanity.

"For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace." Isaiah 9:6

This is the new reality, and it means everything for you and me. Let this child fill your life with hope and transform the way you live in this world.

My prayers are with you, and your family, for a blessed and holy Christmas filled with the peace and light of Jesus Christ the King. Please come and join one, or more, of our Christmas services at All Saints at which you'd be very welcome. (These are



advertised on page 10)

But as you arrive at Christmas, don't let the story stop there! For Christmas is more than just a child born. This year can I encourage you to take from the carousel in church a small booklet called Follow The Star: Calm and Bright.

Follow the Star: Calm and Bright takes its inspiration from the world-famous carol 'Silent Night' and invites us to step into the still centre of the Christmas story where 'All is calm, all is bright'. Sammi Tooze offers a meditation for each day from Christmas Eve to the Eve of Epiphany (5 January), with a reflection, challenge and prayer based on a short Bible reading, designed to help us find

moments of calm as well as bright joy through the season.

And finally, as we enter 2025, can I commend Alpha to you. Alpha is a short course that will be running at All Saints on a Wednesday night including a home-cooked meal! Alpha explores the Christian faith in a welcoming, open and friendly environment. It gives opportunity to ask questions, to talk and learn from others and discover the joy of knowing lesus – and the hope of eternal life. To find out more please see pages 14. It would be so wonderful if you could join with us.



With love and prayers, Revd Emma.

Revd. Emma Racklyeft, Vicar at All Saints, Denmead.

# Services at All Saints

#### Sunday 1st December - 1st Sunday of Advent

8.00am	Holy Communion (Said, traditional BCP Communion Service)
10.00am	Holy Communion Service with Kids and Youth at Ten. 🌉 🚭

#### Sunday 8th December – 2nd Sunday of Advent

- 8.00am Holy Communion (Said, traditional BCP Communion Service)
- 10.00am All Together – all ages gather to worship, learn, and grow together. Included in this Service we will be collecting gifts for the Stop Domestic Abuse charity.

6.00pm Evensong

#### Sunday 15th December – 3rd Sunday of Advent

- Holy Communion (Said, traditional BCP Communion Service) 8.00am
- 10.00am Holy Communion with Kids and Youth at Ten. 📃 📼
- Carol Service join us for a traditional mix of Readings and 6.00pm Carols followed by refreshments in our church hall. At this service there will be a collection in support of the Rowans.

#### Saturday 21st December

3.30 - 5.00pm Messy Church – come and enjoy Messy Church as we celebrate the Christmas story - ideal for pre-school/primary aged children.

#### Sunday 22nd December – 4th Sunday of Advent

- Holy Communion (Said, traditional BCP Communion Service) 8.00am
- 10.00am Morning Worship 📼 There will be no Holy Communion at this service.

#### Tuesday 24th December – Christmas Eve

- 3.00pm Crib service
- 5.00pm Crib service

This year we are hosting two Crib Services - so you can choose which time suits you best. Come and sing your favourite Christmas Carols and listen to the story of Christmas. You are welcome to come dressed as a nativity character; ready to join in! There will be a collection for the work of The Children's Society.

11.15pm Midnight Mass.

building is

open from

Morning Prayer

8.30am to

dusk each day for private þrayer.

If you wish to light a candle and pray there is a candle stand in the Chapel.

🚎 Refreshments in our church hall after the service 📃 Live stream to our Facebook page





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#### Wednesday 25th December - Christmas Day

- 8.00am Holy Communion (Said, traditional BCP Communion Service) Including a couple of Christmas Carols as we welcome in this special morning!
  10.00am Christmas Celebration for all ages, followed by:
  10.45am Communion a simple service for those who would like
- 10.45am Communion a simple service for those who would like Communion on Christmas morning.

#### Sunday 29th December – First Sunday of Christmas

9.00am Holy Communion Service no 8am or 10am today....we gather at 9am for a simple Holy Communion service.

#### From the Registers

#### Funerals

30th October - The Late David Hills Cremation at The Oaks Havant.29th November – The Late George Ashworth, Cremation at The Oaks Havant.

#### Baptism

25th October - Jude Thatcher 9th November – Jasper Broad



The Church of the Sacred Heart and St Peter the Apostle 356 London Road, Waterlooville, Hampshire PO7 7SR

Parish Priest: Rev Mgr Canon Jeremy Garratt (023) 9226 2289 shspa@portsmouthdiocese.org.uk www.waterlooville-catholic.org.uk

#### Mass Times

Saturday Vigil Mass: 6.15pm Sunday Family Mass: 10.30am (including Children's Liturgy) Sunday Evening Folk Mass 6.30pm

Please refer to Newsletter for weekday Mass times.



#### Afternoon W.I. is Magic!

The Afternoon W.I. celebrated its 71st birthday in November and invited members from other W.I.s in their group to join them. An afternoon of magic was provided by Rob Driscoll who, unlike most magicians, wore a short-sleeved shirt! His repertoire included card tricks (one of which baffled the famous Harry Houdini), rope tricks, the ring trick and origami – with some audience participation of course! He concluded by giving three members a gift bag containing a balloon animal matching the food depicted on a card in an envelope they had chosen, just mystifying!

Members enjoyed delicious Dundee cake made by Lily and Lime, the restaurant above Portsmouth Central Library run by the Medstead Trust which provides training and employment for people with brain damage. Readers visiting the area will find a warm welcome and delicious food.

The monthly competition – this time for a favourite birthday card was won by Gillian Clarke with Joan Elliott second. The flower

competition was won by Pauline Symons with Rosemary Simpson second.

In December the group will meet in All Saints Main Hall to be entertained by the Folks in Harmony Choir and the competition will be for a Favourite Song, with a collection for Waterlooville Food Bank. Instead of a monthly meeting in January there will be a lunch at Barnards on Wednesday 8th.

All ladies are invited to the meetings held on the first Wednesday of the month from 2 -4pm in the Heath Room at All Saints Church which is central to the village with easy car parking. Visitors are welcome especially if a particular subject is of interest. It's an informal group so if you're new to the village or recently retired and would like to make new friends the W.I. would welcome you. Talks cover a variety of subjects – some serious and others amusing – so all tastes are catered for.

If you're unable to attend an afternoon meeting the Evening Institute would welcome you to their meetings at 7.30pm on the third Wednesday (except December when they meet on the second Wednesday).

Joan Downing

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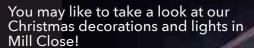
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### Denmead Flower Arranging Workshop

At our last meeting before Christmas, we learnt to make long arrangement suitable for windowsills or mantelpieces. We are inviting anyone to come to our next meeting on January 8th at Denmead memorial hall at 7.30.



Visitors can come and see what happens at a workshop. If you wish to join in, please contact (07947) 611699 to be given the list of material you will need to make your own arrangement





The Denmead Church Flower Club

# Christmas Meeting Carolyn Vanstone The Christmas Story

#### Wednesday 18<sup>th</sup> December at 1.30pm

In the Church with projector coverage, *please enter via the Church Hall doors* Followed by tea and Mince pies in the Hall All are welcome for a wonderful afternoon demonstration Entrance donation £10 for this year's Charities Rowans Hospice and Enable Ability secretary@denmeadchurchflowerclub.co.uk PERFECT PERFEC

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### Curious about faith...

#### ... have questions you would like to ask and explore?

Come and join us in January 2025 at All Saints, Denmead sharing conversations and questions over a home cooked meal.

Who's it for? Alpha is for anyone who's curious about faith.

Alpha is a series that explores the basics of the Christian faith in a welcoming, open and friendly environment. It's free and there's no pressure or follow-up. Each session you'll be hosted in a group where you'll hear different topics on Christianity and have time to chat through any thoughts. You can say anything you like or nothing at all. Everyone's welcome. No matter your background or beliefs, you're invited.

How does it work? Alpha is eight evening sessions with a day away together on Saturday March 8th.

The course will be made up of eight Wednesday evening sessions, each starting at 6.30pm and running until 9pm. Each evening will start with a home cooked meal and opportunities to chat, then show a video that explains one aspect of the Christian faith, followed by discussion where you can freely ask whatever questions you have or share your thoughts.

l 5th Jan.	Is there is more to life than this?
22nd Jan.	Who is Jesus?
29th Jan.	Why did Jesus die?
5th Feb.	How can I have faith?
l 2th Feb.	Why and how do I pray?
26th Feb.	Why and how should I read the Bible?

Saturday 8th March Alpha Away Day 10am-4pm The Holy Spirit.

12th Mar.Faith – 'The good, the bad and the ugly.'19th Mar.Taking the next step...

What if I can't make all the evenings? You will get the most benefit from the course if you commit to attending all the sessions. However, if this is not possible, we would still encourage you to join us when you can, and we will make sure you are able to catch up on the evening that you missed.

If you would like to book your place or have more questions that you would like answered, then please don't hesitate to contact Revd. Buffy on 07747 819918 or <u>curate@allsaintsdenmead.org.uk</u>

# **Denmead Community** Centre £45pp **Four Dates:** 30th November, 7th, 14th **December and lets create a** table display on 21st December 2pm to 4:30pm

To book please email kelly@theflowerartist.co.uk book online at www.theflowerartist.co.uk or message/call 07359 141151

# ALL SAINTS ENCOMPASS

### **A New Chapter**

There comes a time in the life of any group when we need to take stock of where we are and consider where God may be leading us in the future. Over many years All Saints has run a monthly Bereavement Support Group which has played a significant part in the journey of grief for many people from across the community. Since Covid, numbers have fallen for various reasons and the group has evolved from focussing solely on bereavement into a wider consideration of general issues of wellbeing.

This last year we have had talks from the NHS 'Falls Team', from the Fire Department helping us with home safety issues and have supported and learnt about various local and national charities such as 'Hounds for Heroes' and the Hants and IOW Air Ambulance. In our publicity we have invited others to come and join the group where a particular topic is useful and interesting to them, but because the group is called a 'Bereavement Support Group', people have sometimes felt excluded. So, after discussion with our team of helpers, with Revd. Emma and the PCC, it has been decided to acknowledge these natural changes and reconfigure the group into

more of a 'well-being support group'.

We do not want to lose the bereavement focus of the group, but we want to continue to cover a much wider range of issues which contribute to the general health and wellbeing of our older people. In recognition of this we have agreed to change the name of the group to 'Encompass'. This name incorporates the idea that all are welcome, and many issues will be covered. The general format will be the same: meeting on the 4th Wednesday of the month in the Church Hall from 2.00-4.00pm. There will be a speaker or topic to consider, questions or a discussion on the topic, followed by a delicious homemade tea and a fun guiz. There is no cost or membership fee, but we encourage donations towards the cost of refreshments, the expenses of our speakers and any excess is given as a gift to the various agencies we support.

Our first open session takes place on January 22nd, with a visit from a representative of the RNLI. Do come and hear about their invaluable work and join with us in donating to this worthy cause.

Jeanette Power and the Encompass Team

Thou art a hiding-place for me; thou preservest me from trouble; thou dost encompass me with songs of deliverance. Psalm 32:7

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#### Here are the regular activities that take place at the various venues in Denmead.

If you spot any incorrect entries, please send updates by email: chronicle@allsaintsdenmead.org.uk

#### **Church Hall regular bookings**

#### Mondays

- Fit2Dance (weekly, term time only) 09.30-10.30
- Breathe Again (weekly) 11.30-12.30
- 15.00-20.30 Slimming World (weekly)

#### Tuesdays

09.30-10.30	Pilates (weekly, term time only)
10.45-11.45	Fit 4 U (weekly term time only)
14.00-15.00	Positive Strokes (weekly)
17.30-19.00	3rd Brownies (weekly, term time only)
19.30-21.30	Denmead Horticultural Society (monthly, 1st Tuesday)
20.00-22.00	South Hants Koi Club (Oct. to Apr. only, monthly, 2nd Tuesday)

#### Wednesdays

11.00-12.30	Memory Café (monthly, 2nd Wednesday)
14.00-16.00	Flower Club (monthly, 3rd Wednesday)
14.00-16.00	Bereavement Support Group (monthly, 4 <sup>th</sup> Wednesday)
17.45-19.15	Ist Brownies (weekly, term time only)

#### Thursdays

09.15-10.15	Mrs G's Pilates (weekly)
13.45-15.45	Home Instead 'Love to Move' (weekly)
16.15-17.15	Ist Rainbows (weekly, term time only)
17.30-19.00	2nd Brownies (weekly, term time only)
19.00-21.00	Guides & Rangers (weekly, term time only)
ridays	
09.15-11.15	Little Stars (weekly, term time only)
14.30-15.30	Gentle Chair Exercises (weekly)
19.30-21.30	Denmead Village Association (alternate monthly, 3rd Friday)

#### Saturdays

- 10.00-12.30 WI Belles Community Café – please check poster for details
- Messy Church (monthly, 3rd Saturday) 15.30-17.30

Further Details from Church Office 023 9226 8757

#### Heath Room regular bookings

#### Mondays

19.00-21.00 Denmead Horticultural Society Committee (monthly 2nd Monday)

#### Tuesdays

09.30-11.30 Coffee & Chat (weekly)

14.00-16.00 Mothers' Union (monthly, 3rd Tuesday)

#### Wednesdays

14.00-16.00 Afternoon W.I. (monthly, I<sup>st</sup> Wednesday)

#### Saturdays

10.00-12.00 Local Government Surgery (monthly, 1<sup>st</sup> Saturday)

Further Details from Church Office 023 9226 8757

#### **Denmead War Memorial Hall Bookings**

#### Mondays

08.30-15.00 Denmead Pre-School - Term Time Only

#### Tuesdays

08.30-15.00 Denmead Pre-School – Term Time Only 19.00-21.00 Archery Club - Weekly

#### Wednesday

08.30-15.00 Denmead Pre-School – Term Time Only 19.30-21.30 Denmead W.I. Belles – 1st Wednesday Monthly 19.30-21.30 Evening Denmead W.I. – 2nd Wednesday Monthly

#### Thursday

08.30-15.00 Denmead Pre-School – Term Time Only 19.45-21.45 Badminton Club - Weekly

#### Friday

08.30-15.00 Denmead Pre-School – Term Time Only

#### Sunday

9.00-12.00 Archery Club - Weekly except the 1st Sunday of the month

Further Details from Mrs SThomas 07534 024388

# CAFE

#### The next Repair Café will be on **Saturday 18th January** 2025 in Hambledon Church 10–12 noon

Bring your broken or faulty items along. Coffee and cake available!

Check our Facebook page for forthcoming dates: Denmead & Hambledon Repair Cafe

#### Denmead Community Centre (The Old School)

#### **Regular Events**

#### Mondays

00.00 10.00	Derter Dedu Club
	Better Body Club
	Yoga with Allison
	Watercolours for Improvers
	U3A Board games – fortnightly
19.00 - 21.00	Evening Table Tennis
	- New contact details:
	Sylvia 02392 439037 email: john.morphett124@gmail.com
	Denmead Bridge Club
Tuesdays	
09:00 - 10:00	Better Body Club – Pilates Intermediate
09.00 - 11.00	Denmead Unsung Gardeners (DUG)
	Contact the Centre for more Infomation.
	Upholstery Class
09.15 - 10.15	TADAA (Musical Theatre Tots for 2-4 year olds)
	Pilates – Beginners/Rehab
10.30 - 12.30	Denmead Writers
14.00 - 15.30	Afternoon Social Club (Monthly 2nd Tuesday)
14:00 - 15:30	Chapters Reading Group (3rd Tuesday of the month)
14.00 - 16.00	Art History 2 (Monthly, 1st Tuesday of the month)
14.30 - 16.30	Table Tennis – contact annandmalcom.davies@virgin.net
17.00 - 18.00	Create – Children's Art Classes
18.00 - 19.00	Pilates Class
19.00 - 21.00	Denmead WI – monthly
19.45 - 21.45	Denmead Brass Band Rehearsal
19.30 - 22.00	Downland Singers
Visit	our Website www.downlandsingers.hampshire.org.uk/index.htm
Wednesdays	
09.45 - 11.45	Jiggy Wrigglers – baby music & movement
	Denmead Art Group (Fortnightly)
10.00 - 12.00	Wednesday Table Tennis – contact annandmalcolm.davies@virgin.net

- 13.30 14.30 Shiyong Tai Chi
- 16.00 18.00 TADAA (Musical Theatre for 4 13 year olds)
- 19.00 21.00 Breakaway Stitchers and Quilters
- 19.00 21.00 LD Art Group
- 18.30 20.45 Yoga with Allison

#### Village Diary

#### Thursdays

- 09.30 10.30 Zumba 09.30 - 11.30 Table Tennis – contact annandmalcolm.davies@virgin.net 12.00 - 13.30 Lunch Club for over 70's 14.00 - 16.00 U3A Table Tennis (2nd & 4th Thursday)
- 19.00 21.00 Thursday 19.00 21.00 Evening Table Tennis New contact details: Pam – email: pam.mt.mcgovern@gmail.com

#### **Fridays**

- 09.30 10.30 Pilates
- 09.30 12.00 Art Class
- 09.30 12.30 The Messy Hand Crafters (Every 6 weeks. See DCC website for dates)
- 18.30 20.30 Farlington Dog Club (Denmead)
- 14.00 16.00 U3A Table Tennis (Beginners) Monthly 3rd Friday
- 11.15 12.00 Little Kickers (18 mths 3.5 years)

#### **Saturdays**

09.00 - 11.30 Southern Arts Academy (Term Time only) Denmead Film Nights Doors open at 19.00 (Typically the last Saturday of the month) A warm welcome is extended to all.

#### Sundays

09.00 - 12.30 Denmead Brass Band 18.00 - 20.00 Kyoto Doio 19.30 - 22.00 Board Gaming - monthly

If you are interested in joining any of the groups please contact Denmead Centre on 023 9225 6132

#### **Denmead Community Centre**

School Lane, Denmead, PO7 6LU 02392 256132 www.denmeadcc.uk Email: info@denmeadcc.uk

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#### **Evening W.I. supports Country Women**

At the November meeting of the Evening W.I. Maureen Levenson spoke about the role of the Associated Country Women of the World. Since 1977 it's helped fund grassroot projects run by rural women for the benefit of their communities. They prioritise climate – smart agriculture, education and community development and rural women's health, a worthwhile organisation which the W.I. movement wholeheartedly supports.

A group of members visited the Veolia Recycling Centre in Portsmouth. Donning hard hats and goggles, they had a tour and learnt how non-recyclable waste is dealt with; none of it ends up in landfill and the steam produced from the process generates electricity for the National Grid, enough to power 20,600 homes.

This month Christmas festivities kick off with the Bere Forest Group Christmas social, an evening of music hosted by Lovedean W.I. The meeting on December I Ith will be a Christmas Celebration with entertainment provided by some of

the group's own talented members followed by mince pies and mulled wine. The ever-popular Christmas lunch will again be at Barnards on December 19th.

For more information about our friendly and active W.I. contact <u>denmeadevepres@hampshirewi.org.uk</u>

Finally, the Institute would like to wish you all a peaceful and Happy Christmas.





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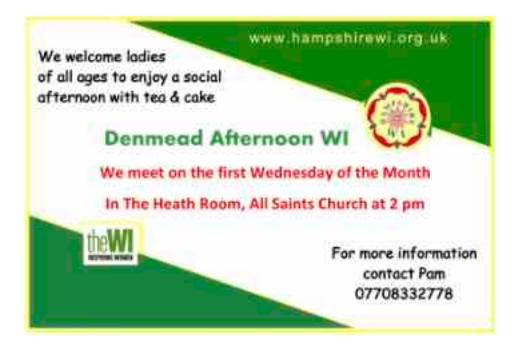




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### **Denmead Walks**

This is an easy route that could be undertaken by anyone with a reasonable level of fitness. It is ideal for winter walking as it is entirely on metalled surfaces although there is a shorter 'around the block' option for families with young children. Another truncated route is included which involves taking the Wayfarers Way footpath, however this is usually very muddy during the winter months.

WALK DETAILS: Distance 7km/4.4miles Time 1h 30m NO Stiles Walk Grade 2/5

Leaving by the main entrance of the community centre initially turn right out of the main entrance heading up School Lane eventually turning right into Thompsons Lane. At the end of this road is another right turn into Uplands Road

On reaching the main Hambledon road go left - an alternative very short route for families is to the right down the hill. If undertaking the main route keep well into the side of the road for about 50m as there is no footpath. **Please take great care during this potentially hazardous section.** A little further along the road cross over into the lane at Forest Gate before heading toward Rookwood



Farm. Again, extreme caution is needed when crossing the main road at Forest Gate.

**2km/1.25miles** At Rookwood Cottage carry straight along the lane in the direction of Rushmere and Hambledon; the road firstly goes slightly downhill then begins a steady ascent. Part way along this stretch is another alternative path which is to the right along Wayfarers Way for those wishing to go along this muddy but shorter route. Walkers opting for this path should keep the hedge to their right until they come to a gap which takes them along a clearly marked path that ends on Harrowgate Lane.

If undertaking the full walk continue steadily uphill as far as the pond at Rushmere.

**3km/1.9mile** Here go right at the main junction before again branching right after about 100m in the direction of Pithill. Continue downhill for some time on this lane which then rises sharply before again descending on the approach to Pithill.

**4.7km/2.9 miles** At Pithill crossroad the route joins Harrowgate Lane. Here turn right passing a farm and woodland on the left.



\*Further on the Wayfarers Walk footpath emerges from the RHS before the lane reaches another junction.

**5.2km/3.25miles** Bear right at this junction heading up hill in the direction of Forest Gate and at the top of the hill turn left retracing the earlier route back to the main Hambledon road.

**5.7km/3.6miles Again take care when crossing and walking along the short section where there is no pavement.** The most direct route back to the community centre is to remain on the Hambledon Road.



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#### Denmead Community Centre

#### Watercolours For Improvers Democad Community Centre School Labe P07 6LU

"Manufagit 10:00 - "Mann (70 minut texains).

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Contact David on 02392 267498 or 07308 258669 davidmoignard@yahoo.co.uk www.davidmoignard.co.uk



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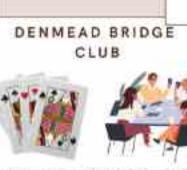
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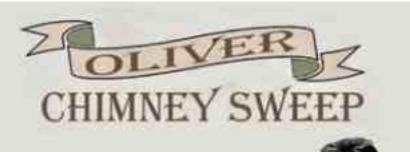
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### **County Council Update on Health and Transport**

#### Health of our Children

In the 2023/4 annual report of the Hampshire County Council Director of Public Health it was disclosed that in Hampshire 21% of Year R and 32% of Year 6 pupils were overweight in 2022/3. Just over I in 5 Hampshire children are overweight and obese when they start primary school and this rises to over I in 3 by the time they leave. Several studies show that the COVID-19 pandemic has led to an increase in childhood obesity.

Children who are overweight or obese are more likely to experience other associated physical health conditions, for example breathing difficulties, bone and joint problems, insulin resistance, high blood pressure and dental decay. Alongside the physical health impact, emotional health issues can also influence a child's life in the future. Studies show that obese children and young people are five times more likely to be obese in adulthood than those who were not obese as children. This brings significant increased risks of heart disease, stroke, diabetes and some cancers.

The cost to public services is significant. The annual cost of obesity in Hampshire could be as much as £540 million with a wider cost to society through loss of work productivity and social care needs. For full report see

- <u>https://documents.hants.gov.uk/public-</u> <u>health/director-public-health-annual-report-</u> <u>HCC-2023-24.pdf</u>

#### Making it Easier to Walk & Cycle

Residents are being asked to help HCC identify locations where physical barriers make it awkward and challenging to walk, cycle, wheel or scoot. The survey, open until Sunday 22nd Dec, seeks feedback to pinpoint locations where obstacles, such as bollards, make getting around difficult for people with restricted mobility and need to use a mobility scooter, or for those pushing prams or riding cargo bikes for example.

Feedback can be given via <u>https://www.</u> hants.gov.uk/transport/transportschemes/ barriers-walking-cycling

We want people to tell us where there are:

• Crossing points which don't have <u>dropped kerbs and tactile paving</u>

• Dropped kerbs which are not level with the road

- Staggered or chicane barriers
- Bollards placed too closely together
- Pavements made narrow by items such as guard railings, lampposts and signposts

• Misleading or unnecessary cycle signs and where new or additional cycle parking may be needed.

Responses to the survey will help the Council secure funding to improve roads and pavements by providing evidence to support applications, or in negotiating contributions from developers building new housing.

Information gathered will be key towards delivering the Council's recently adopted Local Transport Plan 4 -

#### HCC Information

which aims to influence and shape the way people travel over the next ten or so years boosting economic prosperity, reducing carbon pollution, promoting healthy lifestyles and building stronger communities.

#### About the Local Transport Plan

Central to the Local Transport Plan https:// www.hants.gov.uk/transport/localtransportplan - 4 are the following principles, intended to guide how the Council improves travel and transport infrastructure:

- To widen the choice of travel options people can use
- To provide a transport system that puts people first and creates high quality and prosperous places.

The Plan finds a balance between the movement of vehicles and people's needs. It sets out frameworks to guide future transport planning and policies to create thriving and attractive places where residents can travel easily.

Proposed schemes for further development are also included such as the roll out of electric vehicle charging infrastructure, higher quality bus services in urban areas, better quality cycle facilities, changes to roads to reduce congestion and improvements to high streets and town centres so they are more accessible and safer for shared use by pedestrians and cyclists as well as those pushing prams and in wheelchairs.

#### Food Pantry

I set up Food Pantries about four years' ago when I was a Cabinet member at HCC. Did you know that anyone can use a Food Pantry – it's not the same as a food bank, there are

no age restrictions and it's NOT means tested. Simply complete a Membership Form and pay £6 every time you attend. In return you may select goods to the value of £20 every visit. There is an excellent Food Pantry at Wickham Community Centre, Mill Lane, every Tuesday afternoon I - 3pm and 6 - 7.15pm with plenty of free parking. To find out more email wickhampantry@gmail.com, visit https:// wickhamcommunitycentre.org.uk/page/ wickham-pantry or simply turn up. The Wickham Pantry is well organised and you make your own selection of food, vegetables, pet food, hygiene and sanitary wear, cleaning materials, etc. Although based in Wickham the Pantry is open for all residents to attend, including those who live in Denmead!

#### **Community Grants**

Councillor grant applications are open and are intended to help small, local, community groups e.g. lunch clubs, scouts, community centres, village associations, school PTAs, local Church, etc. Grants allocated are fairly small and MUST meet the criteria <u>https://www. hants.gov.uk/community/grants/grants-list/ county-councillor</u>. Also, you must discuss with your County Councillor BEFORE application is made online. I look forward to hearing from you!

Finally, a reminder that I have a Councillor Surgery, held on the first Saturday of every month, in the Heath Room, All Saints Church, 10am – 12 noon. No appointment necessary.

Patricia Stallard

Hampshire County Councillor Winchester Southern Parishes patricia.stallard@hants.gov.uk

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#### Waterlooville Probus Club

Probus welcomes retired or semi-retired professional men and women who live in Denmead and surrounding areas.

There will not be a Speaker at our next meeting, on TUESDAY 10th DECEMBER 2024 as it will be our Christmas Lunch, although we are hoping that Santa Claus will visit us!

Our first meeting in 2025 will be on TUESDAY 14th JANUARY 2025 when we have a talk by Peter Loveridge on the Havant Borough Talking Newspaper. Known as HBTN, the Talking Newspaper was founded in 1993 to serve the people of Havant and surrounding areas.

Each fortnight their dedicated volunteers produce and dispatch 60 minutes of local news in memory stick format as a completely free service to their listeners. It is also available on the British Wireless for the Blind Fund via its app for smart phones. Perhaps you know of someone who might benefit from this service? If so, please get in touch with them at www.hbtn.org.uk

The cost is £23. Please note, the meal must be ordered one week in advance, so if you would like to come along to find out more about Probus, please contact our Membership Secretary, Linda Marland, email - probus@lindamarland.com The Waterlooville Probus Club meet on the second Tuesday of every month at the Hampshire Hog, Clanfield [plenty of free car parking space].

There is a two-course meal, followed by tea/coffee and a Speaker. Arrive 12 noon for 12.30 pm sit down lunch.

More information about Probus Waterlooville is shown on our website at https://probusclub. net/waterlooville/



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