Motorways and meandering roads....

ear Friends,

Recently I had a day off where I had very little planned to do. The day turned out to be a lovely sunny day, and so, quite unexpectedly, I was able to potter about in the garden and greenhouse, spend time with a friend who just happened to call in, take a long, slow walk through the countryside and spend some time knitting and reading... two activities I love! The day ended up being very relaxing and restorative for me.

And I found myself thinking about roads! Let me explain:

Each year we build more and more roads. Motorways, Highways and A roads are growing in number, with new roads being formed or old dual carriage ways being expanded to 3 and 4 lane race tracks. These roads are straight, fast, big cuttings through the hillside, valleys filled up – you know the thing. Highways, Motorways and A Roads are all about getting you to your destination in the shortest possible time. They assume you want to go fast and keep moving. When you are on a highway, your mind is on the goal. "I did it in two hours. How long did you take?"

Roads? Well, country roads tend to follow the landscape. They climb hills. They go through dips. They divert to take in a view. They sometimes meander, following a sheep track from long ago. Steep climbs that overheat your engine. Second gear descents. One lane bridges. Stops for railway crossings. Small villages with a general store. Small pubs where the food

The Letter

is simple but satisfying. You might stop and talk to someone along a road. You might wind down the windows to smell the new-mown hay. You can stop in the middle of the road and look at the view.

Highways are built on the assumption, 'When I get there, then I'll live.' Roads assume each moment is for living.

take time out ... to slow down, to relax Jesus said that he came to bring life in all its fullness (John 10:10). Abundant life is not lived purely with the goal of trying to get from point A to B in the fastest possible time; of achieving this and accomplishing that. Plentiful life is here for the taking now. But sometimes it needs a bit of meandering, a bit of space. An assumption that we can discover something that isn't preprogrammed and already organized, that surprise is all around us.

As we approach these summer months – when hopefully the weather will continue to be warm and sunny, and daylight hours are extended – can I encourage you to make sure that you take a meandering road – take time out (either a holiday, a day out, or at

least some time off) to slow down, to relax, to enjoy your scenery and surroundings, to spend time with family, catch up with friends.

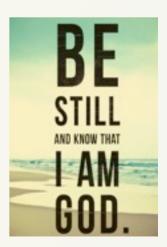
But most importantly spend time with God; praying, reading the Bible and engaging with church. Psalm 46: 10 encourages us to be still and allow God to meet with us.

During the summer months at All Saints, at our 9.30am service, we're going to be following a series called 'Encounters with Jesus'. We'll be exploring different stories taken from the gospels and seeing how Jesus changed the lives of men, women and children. And as we do so, we'll be asking, how can Jesus change our lives?

Wishing you a restful summer,

Emma

Revd Emma Racklyeft



All Saints Church Services

Sunday 3rd June, 1st Sunday after Trinity

8.00am Holy Communion9.30am Parish Communion6.00pm Healing Service

Sunday 10th June, 2nd Sunday after Trinity

8.00am Holy Communion9.30am Family Praise11.30am Private Baptism6.00pm Evensong

Saturday 16th June 3.30pm Messy Church

Sunday 17th June, 3rd Sunday after Trinity, Fathers' Day

8.00am Holy Communion9.30am Parish Communion6.00pm Informal Service – Praying for Growth

Sunday 24th June, 4th Sunday after Trinity

8.00am Holy Communion9.30am All Age Communion6.00pm Evensong

Morning Prayer is said Mon-Fri at 8.30am – everyone is most welcome.

The church is open during daylight hours, for private prayer. If you wish to light a candle, there is a candle stand in the old chapel.

Please be aware that we are no longer running the Thursday morning Communion Service.

This decision will be reviewed in due course.

Looking Ahead:

Please note there is NO Messy Church in July or August.

From the Registers

Baptisms

Sunday 13th May

Celeste Gendy Rose Kpodzro

Funerals

Thursday 19th April Friday 27th April Mr Ron Kennett Mr Adrian Bell

Bereavement Support

There is a monthly 'Tea and Friendship' afternoon for anyone recently bereaved.This is an informal time when people can meet others, have tea and make friends.

We meet on the 4th Wednesday of each month between 2-4pm in the church hall. For more information please phone All Saints Church office 9226 8757 or Merill Partridge 9226 6159.

GHANA 2018

Eight members of All Saints have just returned from a 10 day visit to our link parish of St Paul's, Tafo in Ghana. It was a hot, humid trip but a very welcoming, humbling experience.



En route to Tafo we visited Aburi Botanical gardens – which was really interesting!

On Saturday, we held Messy Church in St Paul's – the children loved it, and on Sunday we worshipped at the main church and then visited the outstation at a small village of Tronto.

On Monday we visited the Regional Government Hospital at Koforidua. We had knitted blankets and hats for the premature babies and also sensory

items and toys for the assessment and monitoring of their progress. Especially popular were the knitted octopuses – whose tentacles discourage the babies from pulling their tubes out as they tend to grasp the tentacles instead.

May 1 st is a national holiday and everything was closed – including restaurants! We visited a local chief and were entertained by the local children

Our final visit in the diocese was to the Technical School at Kwabeng – it is thriving with 1,200 pupils and a visionary headteacher. We presented sports wear donated by one of our parishioners for use in the school.

For the last 2 days of the trip we travelled to Elmina, where we visited the historic slave forts.



Angela Herring

singing.....

Sacred Heart Catholic Church

The Church of the Sacred Heart and St Peter the Apostle 356 London Road, Waterlooville, Hampshire PO7 7SR Parish Priest: Rev Mgr Canon Jeremy Garratt (023) 9226 2289 shspa@portsmouthdiocese.org.uk www.waterlooville-catholic.org.uk

Mass Times

Saturday Mass Vigil: 6.15 pm

Sunday Masses

10.30 am Children's Liturgy; 6.30 pm Folk Mass Please refer to Newsletter for weekday Mass times.



Denmead Baptist Church

Denmead Baptist Church is a small, friendly fellowship which has worshipped in the village since 1717 and has been at 'The Cornerstone' since 2014.



Our weekly Sunday services start at 10.30am, they are informal and incorporate a worship band, children's activities and bible based teaching for the adults and young people. We also enjoy many social activities together.



Programme for June 2018

Noah's Ark

Parent and Toddler Group on Wednesdays, 10-11.30am

£1 adult, 50p per child

Sunday 03	Discipleship Explored -	video
10	Rev Chris Bowers	Communion and Family Praise
17	Barrie and Eileen Jones	Family Praise
24	Rev Jim Thomas	Communion
		(Fellowship meal following service)

Prayer GroupMonday 7pmHouse GroupWednesday 7.45pm (except 4th Wednesday)Monthly Prayer Meeting4th Wednesday (27th) 7.45 - 9pm

For further information, please go to:

Website: www.denmeadbaptistchurch.org.uk

Email: admin@denmeadbaptistchurch.org.uk for room bookings/enquiries

'The Cornerstone', 22 Mead End Road, Denmead, Waterlooville PO7 6PZ

We look forward to welcoming you to our church.

Denmead Village Association

www.denmeadvillageassociation.uk

The May meeting of the Association took us back to Portsmouth, when Fred Watts gave us a history of Portsmouth's transport. Prior to introducing our speaker, the chairman, Peter Ambrose, thanked Paul and Helen lackson for providing a new website for DVA. He then updated the members on the current position with regard to the Memorial Hall and said that at a meeting subsequent to the referendum he hoped to be able to persuade all factions of the village to work together. The Memorial Hall's proposals have been put to the Parish Council, but the outcome is not yet known. In response to a question from the room, the chairman advised that he had not yet heard anything regarding progress at the Carpenters Field development.

Our speaker then showed us slides of the horse drawn buses, which operated from the 1820s to the 1920s. From 1875 these buses were used to transport rail passengers to Clarence Pier, from where the Isle of Wight ferries used to run. From this beginning the routes then spread to other parts of Portsmouth. The North End depot was built originally as a stabling facility but has now been demolished. When trams were introduced the tramways were constructed using manual labour, as mechanical equipment was not yet developed. In December 1901 Portsmouth Town Council (as it then was) took over the operation of horse drawn

trams and decided to electrify the system, and this was achieved by 1904.

As part of the development of the transport system, Horndean Light Railway was built in the early 1900s, but because there were very few inhabitants north of Cosham, this was not sustainable and closed in 1935. In the 1920s, as Portsmouth grew, it was decided to introduce motorised buses, and these were used in areas of Portsmouth where there were no trams. Trams were expensive to maintain, because repairs to overhead wires and the use of grinding machines on the tracks became excessive. In 1932 petrol buses were introduced, and the last trams ran in November 1936. Single decker buses were used as well as double. deckers. Trolley buses were very successful as they were cheap to run and low on maintenance, but because they were quiet there were several fatal accidents.

In the 1970s buses we would recognise were introduced, and in the late 1950s a more modern design was brought in, primarily for one-man operation.

If you are not already a member, why not join us? The next meeting will be the Annual General Meeting on Friday 21st September, to be held in All Saints Church Hall at 7.30pm. The annual subscription is £3, and our meetings are held in All Saints Church Hall at 7.30pm, but you would be very welcome to come initially as a guest.

Denmead Twinning Association

This year marks the 25th Anniversary of Denmead Twinning Association – the partnership of Denmead with the village of St Georges-Les-Baillargeaux, near Poitiers in France. About 40 people from each village visit the other village every two years. This May was our turn to host our French friends for three days in Denmead.

The St Georges guests begin their journey by coach in the middle of the night, arriving here early the next afternoon to a



Welcome gathering and a reunion with their hosts, in many cases now long-standing friends. Or for some it might be their first meeting!





The next day saw an outing for the French with some English guides. They enjoyed a tour of Bombay Sapphire distillery at Laverstoke, complete with making gin to a recipe of their own choosing. Followed by a fine threecourse lunch in Old Basing they returned to Denmead after a visit to Alresford. The evening saw a much-enjoyed Barn Dance and

Ploughman's Supper. There were French and English speeches, much laughter and the gift to Denmead of a weather cock. Look out for it in the village!

The final full day was spent 'en famille' – English hosts arranging a day out with their French guests – some sightseeing, some walking, some shopping and some even had a day at the races! Relaxed and convivial evening meals took place around the houses, with some family groups combining to add to the fun. Our English ability

to speak French varies widely, as does the French ability to speak English. But everyone seems to get by, many with the help of pocket dictionaries and sign language!

The enjoyment is matched by the benefits: knowledge of a different country and culture, and building of mutual friendships across La Manche – the English Channel as we like to call it!

New members of the Twinning



Association are very welcome – whole families, singles or couples. A French 'twin' is then found to match. If you would like to know more about what's involved, contact Patrick on 9226 2912 who will be happy to talk to you.

Find us on www.denmeadtwinningassociation.com

What's on This Month, and Where

Venue Abbreviations:	
ASC = All Saints' Church	
CH = Church Hall; HR = Heath Room; UR = Upper Room;	
Contact Church Office 9226 8757	
MH = Memorial Hall	D = Daily
Contact Mrs S Thomas 9235 5993	W = Weekly
DCC = Denmead Community Centre	F = Fortnightly
Contact Mr R Bainbridge MBE, 9225 6132	M = Monthly
PC = Denmead Parish Council Contact Tony Daniells, 9224 7947	Events occurring Daily and Weekly
SHQ = Scout Headquarters	are only mentioned once
BC = Baptist Church (Cornerstone, Mead End Road)	- i.e. in the first week of the month.

- Times shown refer to hall bookings please check with organisers for exact times of their events.
- Diary entries should be sent to Gill Barge (denmeadbarges@aol.com) at least one month in advance of publication.

Fri	I	СН	Chair Exercises	2.00pm	W
		DCC	Old Schoolhouse Preschool	9.00-3.00pm	D
			- Friday -	9.00-Noon	
			U3A Art Class	9.30-Noon	W
			Messy Hands Crafters	10.00-1.00pm	М
			Kettle Fit	7.00-8.00pm	W
			Rose Dog Club	7.30-8.30pm	W
		SHQ	Busy Bees Preschool	9.00-12.00pm	D
			-Mon to Thurs	9.00-3.00pm	D
			Vulcan Scout Troop	7.00-9.00pm	W
Sat`	2	MH	Bootcamp Fitness Class	9.30am	W
			ABS Fitness Class	10.30am	W
		DCC	Southern Arts Academy	9.30-12.15pm	W
			Table Tennis	10.00-Noon	W
Sun	3	MH	Karate	5.00pm	W
		DCC	Denmead Brass Band Juniors	9.15-10.15am	W
			Denmead Brass Band	10.30-12.30am	W
Mon	4	СН	Zumba Fitness Class	9.30am	W
			Breathe Again	11.30-12.30pm	W
			Slimming World	5.30 & 7.30pm	W
		MH	Denmead Pre-School	9.00-3.00pm	D
			- Wednesday	9.00-12.30pm	

Village Diary

		TS Alacrity	7.00pm	W
	DCC	Yoga	10.00-11.30am	W
		Pilates	11.00-Noon	W
		Bubble Bubble Baby Yoga	12.30-1.30pm	W
		Kettle Fit	7.00-8.00pm	W
		Table Tennis	7.00-9,00pm	W
		Denmead Bridge Club	7.00-10.00pm	W
	SHQ	Merlin Cub Pack	6.30-8.00pm	W
	At the F	orest of Bere Denmead Knit & Bitch	7.00-9.00pm	W
		All abilities are welcome		
Tue 5	СН	Pilates	9.30am	W
		Positive Strokes	2.00pm	W
		3 rd Denmead Brownies	5.45pm	W
		Denmead Horticultural Society	7.30pm	Μ
	HR	Coffee & a Chat (& Thurs)	9.30am-Noon	2xW
	DCC	Upholstery	9.30-12.30pm	W
		U3A Art History	2.00-4.00pm	Μ
		Allsorts Dog Behaviour & Care	5.00-7.00pm	W
		Tuesday Pilates Class	5.30-7.30pm	W
		Downland Singers	7.45-10.15pm	W
		Denmead Brass Band	8.00-10.00pm	W
	SHQ	Falcon Explorers	7.00-9.00pm	W
Wed 6	СН	Bumps, Babies & Beyond	•	W
		2 nd Denmead Rainbows	4.15pm	W
		Ist Denmead Brownies	5.45pm	W
	BC	NOAH'S ARK	10-11.30am	W
		- Parent, Carers & Toddler Group		
	MH	Denmead Afternoon WI	2.00pm	М
		Denmead Belles	7.30pm	Μ
	DCC	Table Tennis	10.00-Noon	W
		Pilates	10.30-11.30am	W
		Art Group	10.00-Noon	F
		Tai Chi	I.30-2.30pm	W
		Patchwork Pals	2.00-6.00pm	W
		Yoga	6.00-7.30pm	W
		Breakaway Quilters	7.00-10.00pm	W

Village Diary

		Kettle Fit	7.00-9.00pm	W
		Strictly Denmead	7.45-9.00pm	W
		Parish Council - Finance & Admin	7.30pm	
	SHQ	Concorde Cub Pack	6.30.8.00pm	W
	At the F	orest of Bere Denmead Knit & Bitch	10.00-Noon	W
		All abilities are welcome		
Thu 7	СН	ABC Pilates (Advanced Class)	10.00-11.00am	W
		Keep Fit	2.00pm	W
		I ^{sc} Denmead Rainbows	4.15pm	W
		2 nd Denmead Brownies	5.30pm	W
	CH & H	R Guides & Rangers	7.00pm	W
	HR	Coffee & a Chat (& Tuesdays)	9.30-Noon	2xW
	MH	Karate	6.30pm	W
	DCC	Table Tennis	9.00-11.00am	W
		Senior Citizens' Lunch Club	12.30-1.30pm	W
		Southern Arts Academy	4.15-8.30pm	W
	SHQ	Bere Forest Beavers	5.15-6.15pm	W
		Creech Woods Beavers	6.30-7.30pm	W
	BC	Denmead WI Belles Meeting	7.30pm	М
Fri 8	СН	Little Stars Playgroup	9.30am	W
Sat 9	СН	Core Strength Workshop	2.00-4.00pm	
Mon II	HR	Denmead Village Association Committe	e 7.30-9.00pm	
	DCC	Mumbaba	9.30-10.30am	W
		-Parents/Carers & Tots singing group		
		Pilates	II.00-Noon	W
	At The F	orest of Bere – The Royal British Legion	Meeting	
		- Hambledon & District Branch	8.00pm	М
		Contact 023 9226 1428		
Tue 12	СН	Gold Star Dancing	8.00-9.00pm	W
	HR	Family First Aid	7.00-9.00pm	
	Chairma	kers,World's End	Noon-3.00pm	М
		Waterlooville Probus Club- Monthly Lunch & Talk.		
	DCC	Citizens' Advice Bureau	9.30-11.30pm	F
		Southern Heart Support Group	10.00-Noon	М
		Afternoon Social Club	2.00-3.00pm	М

Village Diary

		Denmead Evening WI Craft Evening	7.00-9.00pm	Μ
Wed 13	СН	Memory Café	11.00am-12.30pm	М
	MH	Denmead Floral Workshop	7.30pm	Μ
	DCC	Creative Quilters	10.00-Noon	F
		Parish Council - Highways & GP	7.30pm	
Thu 14	DCC	U3A Table Tennis	2.00-4.00pm	F
Sat 16	СН	MESSY CHURCH	3.30-5.30pm	М
		-see main notice for details of a fun-fil	led	
		afternoon for village families		
	MH	GIN FESTIVAL (details from "Discover \	Vine", Village Centre)	
Tue 19	HR	Mothers' Union	7.00pm	Μ
	DCC	Denmead Reading Circle	2.15-4.15pm	М
		Chapter Reading Group	2.30-4.00pm	М
Wed 20	MH	Evening WI	7.30pm	М
	DCC	Parish Council –. Planning	7.30pm	
Fri 22	DCC	Swing Sling	10.30-11.30am	W
Sun 24	СН	Private Party	3.00-4.00pm	
Wed 27	HR	Bereavement Support Group	2.00-4.00pm	Μ
	DCC	Parish Council – Main Council	7.30pm	
Sat 30	DCC	FILM NIGHT - 'DARKEST HOUR'	7.30pm	Μ
		Tickets £5		

Denmead Community Centre

Proms in the Park

Saturday 14th July is "Proms in the Park 2018", this live open-air concert with our very own Brass Band promises to be one of the Village highlights of the summer, gates open at 5.15pm with both the Training Band with the main event starting at 6.15pm. Refreshments include a gourmet BBQ and fines wines provided by Discover Wines. Tickets costs \pounds 6 each and are on sale now from both the Community Centre and Discover Wines.

Film Night 30th June – Darkest Hour

Within days of becoming Prime Minister of Great Britain, Winston Churchill (Gary Oldman) must face one of his most turbulent and defining trials: exploring a negotiated peace treaty with Nazi Germany, or standing firm to fight for the ideals, liberty and freedom of a nation. As the unstoppable Nazi forces roll across Western Europe and the threat of invasion is imminent, and with an unprepared public, a sceptical King, and his own party plotting against him, Churchill must withstand his darkest hour, rally a nation, and attempt to change the course of world history.

If you would like to receive our electronic newsletter detailing the events and activities held at the Community Centre, just visit our website www.denmeadca.com.and click "join the email list".

Denmead Conservative Branch

The next event will be a Tea Party with stalls on Saturday 7 July at Shrover Hall, Anmore Lane, Denmead by kind permission of Mrs Valerie Brown from 2 - 4 pm. Tickets $\pounds 10$.

Please bring items for sale on the day.

Home Visiting

If you are lonely, sick or housebound or would just like someone to visit you, All Saints Church has a confidential visiting team and one of our members would willingly come, visit and spend time listening to you.

Please phone us on 9226 8757. If the answerphone is on leave a message and we will phone you back.

Denmead Evening Women's Institute

The Bere Forest Group Meeting took place in the Spring at Lovedean Village Hall. This bi-annual meeting is an opportunity for members of the six local institutes in the group to meet and socialise, and on this occasion we received a most interesting presentation about the origins and history of the John Pounds Ragged School for poor children in Portsmouth.

Our May members meeting was our AGM when our new Committee was elected, and here is our new programme :

- 20 June Yeoman of the Guard
- 18 July PDSA
- 15 August New Age Kurling
- 19 September 53rd Birthday Party
- 17 October Cats Hairs on my Quilt
- 21 November Andrew Negus in Asia (Part 2)
- 12 December Unique Felting Designs
- 16 January Social Evening
- 20 February Travels on a Narrowboat
- 20 March Life and Other Problems
- 17 April Meet a WW1 NCO and Wife

The Craft Group continue to meet on the second Tuesday of each month at 7.00pm at Denmead Community Centre, and our June Meet & Eat is on I 3th June at the Harvest Home at I2 noon. This is a very relaxed social event which gives us all an opportunity for a good natter, and is an excellent way for new members (or potential new members) to get to know others. No advance notice needed, just turn up and enjoy the chat. Everyone is welcome.

Any ladies who would like to join us at any of our events to see what the WI is all about would receive a very warm welcome. Guests can attend up to 3 meetings free of charge prior to joining. Our regular meetings are on the third Wednesday of each month at 7.30 pm at Denmead Memorial Hall (second Wednesday in December). If you are unable to attend in the evening then Denmead Afternoon Institute would welcome you to their meetings at 2.00 pm on the first Wednesday of the month at the Memorial Hall. More information is available on www.hampshirewi.org.uk

If you would like more information please call Irene Woodings – 023 9257 1663

Denmead Afternoon Women's Institute

Our May meeting was our Annual Meeting when we elected our committee and officers.We decided to make this a Teddy Bears Picnic with the teddies sitting on a table laid out appropriately. The committee agreed to continue for another year and Pauline Jones was re-elected as President unopposed. Our WI Advisor, Yvonne Brookfield, gave a short talk on the role of women in the past and their importance in our lives. It was most appropriate as the following day was polling day. The competitions cup was won by Joan Elliott with Rosemary Simpson as runner-up. The flower cup was won by loan Downing with Angela MacNee the runner-up. Pam Pilbeam presented the Resolution which is to be discussed at the National Annual Meeting in June. This urged that mental health patients should be treated the same as patients with physical illnesses. The institute voted in favour of the motion but agreed to give our representative a discretionary vote. The meeting concluded with a delicious afternoon tea to which members contributed the attractive looking items.

We continue our monthly lunch dates at various locations in the area. This month we are meeting at the Village Tearoom at 12.30 on Tuesday 19th.

Future events include the County Quiz and the County Skittles.

We are catering for two coach party teas next month. This is our main fundraising to cover costs of speakers for the coming year. Our Summer Outing in August will be to the Bombay Sapphire Distillery. We are hoping the weather will be fine for us this year so that we can enjoy the beautiful surroundings and wildlife.

We will have a stall at the Horticultural Society Summer Village Show in August where we hope to meet old friends and make new acquaintances. It will be a busy day for us as we will be taking part in the group round of the skittles tournament that evening.

This month's meeting will include a talk by Tom Yendell of the Mouth and Foot Painters.Tom is an excellent speaker and an inspiration.The competition is for a photograph of a painting.

We invite all ladies to our meetings held on the first Wednesday of the month from 2 to 4pm in the Memorial Hall, Hambledon Road. We have talks and demonstrations on a wide range of subjects so there is something to suit all tastes and interests. If you have recently moved to the village or retired the WI is the ideal way to make new friends or renew old friendships.

If you are unable to attend an afternoon meeting the Evening Institute would welcome you to their meetings at 7.30pm on the third Wednesday (except December when they met on the second Wednesday)

Joan Downing (9226 5458)

CAB



Lesley Rose, Advice Services Manager at Citizens Advice Winchester District explains how to check you're receiving the pay you're entitled to.

I am over 25 and entitled to the National Living Wage, but I suspect I am being underpaid. How can I find out if I'm being paid the right amount, and claim what I am owed from my employer?

The National Living Wage is an obligatory minimum wage payable to workers in the United Kingdom aged over 25 and is currently set at £7.83 per hour, before tax.

If you think you've been underpaid, you should act quickly, as it's harder to get your money back three months after the problem arose.

First of all check your payslip. You will be able to see the number of hours you've worked, the rate you've been paid at and if there have been any deductions.

Ask your employer to explain anything you don't understand on your payslip, and tell them



For more information Winchester contact Winchester District Citizens Advice Bureau, at our Bishops Waltham

office, (Well House, 2 Brook Street, Bishop's Waltham, SO32 1AX, 01489 896376) or Denmead Outreach at Denmead Community Centre, School Lane, Denmead, Thursdays from 9.30-11.30am. Alternatively, call the Adviceline on 03444 111306

Citizens Advice Winchester District is an independent charity offering free, high quality advice to everyone in our community. Citizens Advice www.citizensadvice.org.uk

Online free advice from Citizens Advice to help you find a way forward, whatever the problem. Our research enables us to campaign on issues affecting people's lives.

why you think you have been underpaid. If there was a genuine mistake, ask your employer to pay you straight away. You shouldn't have to wait until the next payday.

If your employer refuses to pay back your wages you can formally raise a grievance, either by writing a letter to your employer or following your company's grievance procedure. Explain that you haven't been paid enough and you want them to pay the difference.

If this still doesn't work, you can take your employer to a tribunal. Contact the Advisory, Conciliation and Arbitration Service (Acas), who will see if your employer will agree to a conciliation process, rather than go to court.

Otherwise you can take your employer to a tribunal. Think carefully before starting a tribunal claim as it can be expensive and stressful.

If you need any advice or guidance through this process, contact your nearest Citizens Advice by going to www.citizensadvice.org.uk then entering your postcode in the search field.

Probus Club

Waterlooville Probus Club provides a meeting place for retired or semiretired, professional or business, ladies and gentlemen. We meet on the second Tuesday of each month at 'The Chairmakers', Worlds End, Hambledon, PO7 4QX.

The next meeting will be held on the 12th of June, from 12.00 noon to 3.00 pm. We meet for a drink and a chat with fellow members, and after a 3-course lunch, our guest speaker, Madeleine Salvetti, will give a presentation entitled 'Overlord Embroidery'

If you would like further information on the Probus Club, please contact our Secretary, Peter Quine, on 079 2662 0530 or by e-mail to peterpia 1989@outlook.com.

Denmead Rowans Support Group

TEA @ THREE

You are invited to join us for tea and cake in the garden of Horseshoe Cottage, PO7 6TS on June 14th from 3pm.



Purbrook Heath Road, Purbrook, Waterlooville, Hampshire, PO7 5RU t: 023 9225 0001 w: www.rowanshospice.co.uk Registered Charity no. 299731

For more information about the Rowans support group please call (07947) 611699

Denmead Horticultural Society

www.denmeadhorticulturalsociety.btck.co.uk

At our May meeting Elaina Whittaker-Slark told us about the South Downs National Park and the Meon Valley Project. The River Meon rises in East Meon and is a rare chalk stream – of only 200 in the world 160 are in England. The very clear water and gravel base are good for plants to grow in and are the ideal habitat for invertebrates which in turn feed trout. The Meon Valley partnership was formed to seek funding to improve the habitat along the whole of the Meon Valley and a public meeting identified the lack of water voles. These are the fastest declining UK mammal due to predation mainly by escaped mink and it was decided to reintroduce them to the Meon.

Floating rafts with a sand clay mix were used to record the footprints of mammals such as otters, water voles and mink. The voles were reintroduced 5 years ago at 17 sites along the valley and a monitoring programme using log floats and wildlife cameras shows they are established and have bred successfully.

Improvements have been made to the river at Droxford by digging pools to give a variety of depths, using flow deflectors to encourage vegetation and fencing to keep cattle away from the banks. At East Meon the concrete flood channel has been improved by bonding stones to the concrete and adding gravel and water plants resulting in return of invertebrates. Many volunteers including local children have helped with this project. The talk ended with one of the volunteers showing us clips from the wildlife cameras which have recorded water rails, otters, egrets, a grass snake and a heron as well as the water voles. Elaina encouraged us to look out for the voles and report any sightings to the project.

Buddlejas are a favourite garden shrub for summer colour and to attract butterflies. On Tuesday 5th June Peter Moore's talk is on the National Collection of Buddlejas at Longstock. Peter worked as a propagator at Hilliers for many years before moving to Longstock Park Nursery on the Leckford Estate. Here he continued to breed many new plants including buddlejas and is keeper of the national collection held there. He will tell us about these plants and some of his latest prizewinning introductions.

Visitors $(\pounds 2)$ and new members welcome, 7.30pm in the Church Hall.

Liz Williams, 023 9226 9642, liz@greensleeves.eclipse.co.uk

Hampshire County Council

Public Health Services

An agreement has been reached for Hampshire County Council to provide assistance with Public Health responsibilities on the Isle of Wight. This will be for an initial period of six months during which time further analysis will be undertaken to verify the viability of establishing a more permanent partnership for Public Health services.

Men's Mental and Physical Health

In partnership with other agencies in France, Belgium and the Netherlands, more than 2.6 million euros has been secured from the European Regional Development Fund to support a four year project to develop models, workshops, tools and training to improve opportunity and access for men to improve their mental and physical health. Nationally, just over three out of four suicides (76%) are by men and suicide is the biggest cause of death for men under 35 years.

Mental Health – Young People

The Public Health team at HCC has developed a protocol to help schools and colleges in Hampshire identify and support students who may be suicidal. The Suicide/Postvention Protocol for Hampshire Schools & Colleges has been circulated to all schools and colleges in Hampshire. The document has been ratified by the Hampshire Suicide Prevention Forum and by the Hampshire Children's Safeguarding Board and is divided into three key component parts. A link to the Protocol can at http:// documents.hants.gov.uk/public-health/ 2018-02-20SuicidePreventionandPostvent ionProtocolforSchoolsandColleges

Traders you can Trust

It is estimated that legitimate businesses lose out on billions of pounds of trade every year, when consumers use the wrong companies and get conned. "Buy With Confidence" is Hampshire County Council's online directory where you can find local trustworthy traders who are Trading Standards Approved.

By supporting the scheme, you will also help to protect your community from dishonest businesses. There are hundreds of businesses on its website, from builders and plumbers to mechanics and gardeners. Trading Standards assess and visit every single one, checking their background, compliance with the law, insurance and (where they visit your home) whether they have a criminal record. Also, as a customer of "Buy With Confidence" you also get the reassurance of support and advice from qualified Trading Standards personnel in the event of a problem or a dispute. Visit https://www.buywithconfidence.gov.uk/ For anyone who does not have easy access to the internet there is also a directory containing advertisements, pre-shopping advice and a list of contact telephone numbers.To order your free copy email the team

at buy.with.confidence@hants.gov.uk or telephone 01962 833620.

Older People Benefit

The County Council has awarded a total of $\pounds 116,000$ in grant funding to organisations that help older people maintain their independence for longer. The money will go towards enabling more elderly people to stay independent in their own homes for longer.Voluntary and community organisations provide valuable locally based services that are often rooted in the neighbourhoods which they serve and are able to offer those vital prevention and early intervention services which keep people safe, out of hospital or needing higher levels of care.

Careers

Did you know that Hampshire County Council has a career web page – see https://www.hants.gov.uk/jobs/careers

Patricia Stallard Hampshire County Councillor pgstallard@aol.com

Useful Local Contact Numbers

DENMEAD BAPTIST CHURCH www.denmeadbaptistchurch.org.uk 22 Mead End Road, Denmead, PO7 6PZ. email: admin@denmeadbaptistchurch.org.uk

ROMAN CATHOLIC CHURCH www.waterlooville-catholic.org.uk Parish Priest: Rev Mgr Canon Jeremy Garratt, (023) 9226 2289 shspa@portsmouthdiocese.org.uk

The Registrar of Births and Deaths: Appointments Only. Telephone: (01489) 894044 Health Centre: 023 9223 9630 General Visiting, and Help in Bereavement – please contact Church Office: 9226 8757 Denmead Community Care Group: (COMMUNICARE) 023 9223 9630 Denmead Community Centre: 9225 6132 9am - 3pm, Monday-Friday Memorial Hall Bookings: Mrs S Thomas, 9235 5993 Police Contact No: 08450 45 45 45 Burial Ground enquiries: 9224 7947 Denmead Parish Council: 9224 7947 Winchester City Council 01962 840222