

# Enjoying each moment...

Dear Friends,

I have mixed feelings about August. On the one hand it's still summer, and there's a pretty good chance that the sun will shine (a bit), and school holidays are well under way. Here in the village we have DABS (Denmead Activities and Bible School) a fun-filled exciting week for our children and young people. Everything in the garden is still in bloom, and there's probably some cricket or football on TV.



On the other hand, by the time August gets here, that amazing early summer freshness has gone. Things are still growing, but the astonishing greenness of May, June and July has passed, the evenings are already drawing in, planning is well underway for the Autumn term, and (dare I say it) Christmas and somehow it feels like Summer is ebbing away far too quickly.

Don't get me wrong, I would take August over January every day - but I love May, June and July most of all. I love the miracle of plants and flowers and birds emerging from the cold of winter and bursting into life. I love the surprise of it all; the way that everything feels so alive and excited about growing. The way that Cow Parsley and grasses and wildflowers fill the verges and spill over into road. And when it's gone, I mourn it's passing for another 12 months. I want those verges, filled with lush new growth back again. I want the shock of spring all over again. But it's gone for a year.

I read a tweet recently which said: 'I know it's a ridiculously basic thing to say - but when life is good - savour it, enjoy it, every second.' And it's true isn't it. It's such a basic thing - it's a cliché even - but every second of life is a gift, and once it's gone, it's gone for good. We can mourn what has passed, we can wish things would come back again, but we are always better off savouring every second of now, especially when things are positive.

Jesus put it like this: 'Don't worry about tomorrow, for tomorrow will bring its own worries.' (Matthew 6:34) Let today be today and enjoy what you've been given. Tomorrow will come - you can be sure of that - and you can deal with that when it arrives. For now, savour every second of



what's in front of you. So, this August, no looking back at earlier months for me. This August I will be trying to savour every second of every day, giving thanks to God for what I have been given. Can I encourage you to do the same?

With every blessing,

Emma

# The Bible Course

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Come and discover more about this eight-session interactive course:

**Where:** All Saints Church - Denmead

**When:** Sep 11,18,25, Oct 9,16,23, Nov 6,20

**At:** 7:15pm to 9:30pm

For more information and to book your place, contact:

**Name:** Claire Holland **Number:** 023 9226 8757

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# All Saints Church Services

## *Sunday 4th August: 7th Sunday after Trinity*

8.00am Holy Communion  
9.30am Parish Communion  
3.30-5.30pm Teddy Bears' Picnic  
6.00pm Healing Service

## *Sunday 11th August: 8th Sunday after Trinity*

8.00am Holy Communion  
9.30am Parish Communion  
6.00pm Evensong

## *Sunday 18th August: 9th Sunday after Trinity*

8.00am Holy Communion  
10.00am DABS Celebration  
6.00pm NO EVENING SERVICE

## *Sunday 25th August: 10th Sunday after Trinity*

8.00am Holy Communion  
9.30am All Age Communion  
7.00pm Pizza and Compline

There will be no Messy Church  
in August. It will resume on  
Saturday 21st September



Morning Prayer is  
said  
Mon-Fri at 8.30am  
– everyone is  
most welcome.



The church is  
open during  
daylight hours, for  
private prayer. If  
you wish to light  
a candle, there is  
a candle stand in  
the chapel.

## From the Registers

### Weddings

Saturday 22nd June

Aaron Britton and Lauren McCarthy

### Funerals

Wednesday 10th July

Mrs Hilary Smith

## Mary Sumner – founder of Mothers' Union

– commemorated each year on 9th August

### Beginnings of MU

Mothers' Union is a Christian organisation that has been supporting families worldwide for over 140 years. It has accomplished a staggering amount in that time, and nowadays numbers more than four million members, doing good work in 84 countries. That is a far cry from the modest circle of prayer for mothers who cared about family life, which is how it all began with Mary Sumner, born in late 1828 in Swinton, near Manchester.



Later, as a vicar's wife in Hampshire in the late Victorian period she saw the emotional and practical burdens borne by most of her contemporaries. Before the widespread introduction of medical care during pregnancy and childbirth, natal mortality was high. For those who survived into childhood, common but deadly diseases – measles and scarlet fever, for example – brought tragedy to many homes. These illnesses partly rose from poor living conditions, in cramped homes without the amenities we take for granted like piped water, electricity and sewage disposal.

Mary Sumner created a simple support group for these women where they could share their experience, support one another and learn the essentials, as she saw it, of a Christian home. The idea caught on, and by the beginning of the century there were many similar groups in various parts of Britain. By 1921 the Mothers' Union existed as a national and international resource of young mothers.

### Help for Communities

Today, as a Christian membership charity, MU aims to demonstrate faith in action through the transformation of communities worldwide. Its members work at grassroots level around the world bringing hope and practical support to millions of people every year through parenting, literacy and community development programmes and as part of the volunteer base of local churches.

bringing  
hope and  
practical  
support



MU has, through the years, campaigned at local, national and international levels to bring about real change for family life, women's and girls' rights and the protection of children.

At the heart of it all is prayer, believing that the power of prayer is transformational and supports the work around the world.

### Projects

Across the world Mothers' Union members, acting as volunteers in their local communities, are touching the lives of over 750,000 people in 84 countries.

They do this – in their own time, using their own resources – as part of their personal commitment to show their faith in action. By reaching out to do what is needed, however small, wherever it is needed, MU members are often reaching

communities which others struggle to reach.

In addition however, funds raised centrally enable training, support and guidance for larger-scale projects which address needs identified in a number of different countries. The common thread of these larger projects is that Mothers' Union members work with fellow members in their communities, in order to help them to help themselves – often enabling them to rise out of poverty. These projects, funded by individual members and partner donors, support over 100,000 people each year.

So the work of members is supported and nurtured in a number of countries by a very small number of professional workers, known as "Community Development Coordinators"

Such local projects include:

- Prison work
- Supporting refugees
- Supporting victims of domestic violence
- Supporting orphans
- Ending Modern Slavery
- Healthcare and health education
- Caring for the elderly
- Supporting families

Despite the name, Mothers' Union is an inclusive organisation and is very proud to include a growing number of men.

**Find out more from the website:**  
**[www.mothersunion.org](http://www.mothersunion.org)**



**Helping raise funds to support the work of Mothers' Union, I will be riding the Prudential Ride London-Surrey 100 mile Cycle Sportive on 4th August.**

**If you would like to consider sponsoring my ride, a form can be found at the back of Church, or you may visit [www.justgiving.com/fundraising/steve-venn](http://www.justgiving.com/fundraising/steve-venn)**

# Calling all Artists!

All Saints annual Art Exhibition will take place as usual at the end of September — the dates being 28th and 29th.

If you, or anyone you know, might be interested in exhibiting some paintings please see the website for more details [www.denmead-art.co.uk](http://www.denmead-art.co.uk) or call the Church Office 023 9226 8757



## Plastic, plastic everywhere

Did you know that you are eating plastic? On average, each one of us now ingests about five grams of plastic each week – or the equivalent of eating a credit card.

Such is the rather startling news from WWF (World Wide Fund for Nature). Research at the University of Newcastle in Australia has found that we are consuming up to 102,000 tiny pieces of plastic less than 1mm – around 250 grams – each year. Nearly 90 per cent of that is coming from our water, both bottled and tap. Other foods with high plastic levels are shellfish, beer and salt.

Alec Taylor, Head of Marine Policy at WWF, said, “Plastic is polluting our planet... and now we know it’s also polluting our own bodies.”

The long-term effects of plastic ingestion on the human body are not yet known. In the meantime, Britain has taken 15 billion plastic bags out of circulation, and recently banned microbeads in cosmetics.

The Government is also considering a deposit return scheme for plastic bottles. At present, Britons use 7.7 billion single-use plastic water bottles a year, less than half of which are recycled. This means that 16 million bottles are binned every day in the UK.



# Denmead Village Show

Saturday 17<sup>th</sup> August, 11am to 5pm

Come and see the exhibits of flowers, fruit, vegetables, homecraft and handicrafts. The hall and church will open when judging is complete, 1pm at latest – there is a lot for the judges to do, especially the homecraft judge who cuts every cake and tastes every jar of jam.

There's still time to enter – pick up a schedule from Parkers or download from our website. If you enjoy crafts, baking, growing flowers or vegetables, flower arranging or photography you are sure to find a class you could enter; there are lots for children too. Entry forms have to be in by Tuesday 13<sup>th</sup>. Have a go - its good fun!

## FUN DOG SHOW

Takes place in the arena starting at 12.45 with a Straw Bale Scramble and ends at 4pm with the Waggiest Tail. See the schedule for all the other classes. You can enter on the day at the Homes & Hounds tent, £1 per class

## Set recipe omission:

If you've already had a look at the Blueberry, Lemon & Yoghurt Tea Loaf recipe for Class 151 you may have been puzzling over how many eggs to use. Add 2 large eggs to the ingredients list. and give this cake a try. It's also lovely made with raspberries, redcurrants or blackcurrants.

## Refreshments

Home made cakes and freshly filled rolls  
Bere Dairy ice cream  
Bar & Barbecue by the Fox & Hounds

**MUSIC** provided by  
**Graham & Friends**

## All the usual attractions

including farm animals, childrens roundabout, Scouts trolley run, Punch & Judy, crockery smashing, skittles played with traditional wooden cheeses, coconut shy, archery, tombola, plants and lots of interesting stalls to browse.

FANCY DRESS – add to the atmosphere by dressing up in a 'Dig for Victory' theme costume – anything goes, use your imagination. Prize of a Barnard's Cream Tea for 2 for the best outfit.

Exhibitors: if you win a prize collect your winnings from the Treasurers tent. The Presentation of Cups and other Awards takes place here at 3.30pm. Exhibits may be removed from the hall at 4pm or you can donate them to the auction.

4.30pm Auction: the afternoon ends with an auction of produce donated by exhibitors, stay to Bid for Bargains.

DENMEAD HORTICULTURAL SOCIETY'S 69<sup>TH</sup> SUMMER SHOW

<http://www.denmeadhorticulturalsociety.btkc.co.uk>



## *Forthcoming Events at the*

# Denmead Community Centre

## Denmead Film Night

Saturday 31st August 7.30pm **Sometimes, Always, Never** 91 mins

Alan (Bill Nighy) is a stylish tailor with moves as sharp as his suits. He has spent years searching tirelessly for his missing son Michael who stormed out over a game of scrabble. With a body to identify and his family torn apart, Alan must repair the relationship with his youngest son Peter (Sam Riley) and solve the mystery of an online player who he thinks could be Michael, so he can finally move on and reunite his family.

“There’s a beguiling Englishness to this elegant, offbeat comedy-drama, terrifically written by Frank Cottrell-Boyce and directed by feature debutant Carl Hunter. It has a wonderful syncopation in its writerly rhythm and narrative surprises. The film positively twinkles with insouciance, and is performed with aplomb, particularly by Bill Nighy, who brings a droll sprightliness and deadpan wit to the lead part, but shows how these mannerisms mask emotional pain.” *The Guardian*

“Sometimes, British films get it just right in terms of being sweet without being cloying and quirky without being stupid. This is such a film, a charming little sleeper that will please audiences for a long time to come.”

[www.filmink.com](http://www.filmink.com)

If you would like to receive our electronic newsletter detailing the events and activities held at the Community Centre, just visit our website

[www.denmeadca.com](http://www.denmeadca.com) and click “join the email list”.

## God’s home?

A family on holiday was visiting a rather dark, very ancient church in rural France. One of the youngsters whispered: “Does God live in here?”

“Yes, dear,” said her mother.

The youngster looked rather fearfully around. “Well – why doesn’t He move?”

## Summer Evening Walks

Over the past month the Tuesday evening walks have all been on new routes and included a delightful stroll over Catherington Down followed by drinks in the Bird in Hand garden on a lovely warm evening, a rather strenuous hike to the Nelson monument at the top of Portsdown Hill from Southwick, a 7km route through Stansted Forest and two other gentle walks from Soberton and Wickham.



We now have just three remaining walks this month details of which are below. A reminder that due to the shortening evenings the August walks all commence at 7pm.

As usual anyone wanting further details of any of the walks or general information relating to them should contact me by email on [martinlewis20@hotmail.com](mailto:martinlewis20@hotmail.com)

<b>Date</b>	<b>Starting point</b>	<b>Brief details of walk</b> (GRADE OF WALK GIVEN IN BRACKETS)
6 Aug	Bold Forester, Soberton Heath	Our second walk of the season from this pub takes us along the railway line for some distance before branching off left, passing the Roebuck pub then through the Forest of Bere on the second leg of the walk. (MODERATE)
13 Aug	Denmead Community Centre	This late season walk takes in familiar lanes and footpaths to the north of the village including the bridleway across Sawyers Hill. (MODERATE) Post-walk drinks at the Fox & Hounds.
20 Aug	The Vine, Hambledon	A short walk from the village hall CP takes us south along footpaths we have not previously used via Mensland, The Paddocks and Hoe Lane. (MODERATE)

## Denmead Afternoon Women's Institute

At our July meeting we welcomed Brian Graham to give a demonstration of Candle Making.

Brian explained that the four waxes which can be used are Gel wax, Beeswax, Paraffin wax and Soya wax.

In his demonstration he showed the wax is heated in a double-skinned pan or a heat resistant plastic jug inside a saucepan of water. The wick is secured in the bottom of the container. Dye is added to the wax followed by fragrance before being poured into the container and left to set.

The Competition for a candle holder was won by Amy Morris with Sheila Oakes second. The Flower Competition was won by Joan Elliott with Margaret Kennett second.

We took part in the County Quiz where we came a respectable third with Denmead Evening first and Lovedean second. We are pleased that Denmead will be represented in the Final later in the year.

We are entering the Group Round of the Skittles competition on the 17th of this month. We always have an enjoyable

evening of friendly rivalry complete with a Fish and Chip Supper.

We have continued our monthly lunch dates but due to the holiday period our next lunch date is Tuesday 10th September at the White Hart at 12noon.

There is no monthly meeting this month.

We will hold our next meeting Wednesday 4th September. This will include a talk by Dan Allen entitled "What Did You Do in The War, Granny?"

The competition is for a Wartime item.

We invite all ladies to our meetings held on the first Wednesday of the month from 2 to 4pm in the Memorial Hall, Hambledon Road. We have talks and demonstrations on a wide range of subjects so there is something to suit all tastes and interests. If you have recently retired or moved to the village the WI is the ideal way to make new friends or renew old friendships as well as learning new skills.

If you are unable to attend an afternoon meeting the Evening Institute would welcome you to their meetings at 7.30pm on the third Wednesday (except December when they meet on the second Wednesday.)

*Joan Downing (9226 5458)*

## Denmead Twinning Association

What wonderful sunny weather we have been enjoying recently; we were carefully watching the forecasts in the days leading up to our annual BBQ and we were extremely lucky with lovely sunshine.



The fine hot weather certainly encouraged a great turnout with 40 of us there to swim and play water polo after some wonderful eats.

A forthcoming event is our boules match against Emsworth Twinning Association, held each year around the date of the French national (Bastille) day; this is eagerly competed, but I am not sure who is winning. Maybe us? This year it is the turn of Emsworth to host and after the games are played at Bedhampton we shall get together with them for a buffet meal.

We are really looking forward to a very special evening some months ahead. 'A Night to Remember – A Special Dinner and Cabaret Evening' – on 26 October. This will

be a top-notch event with a delicious three course meal, professionally prepared by our local twinning member Neil Rusbridger, the Head Chef at Parham House in West Sussex, accompanied by a cabaret with 'All That Malarkey' providing the fun and music.

The group are 'Four dangerously good singers with an hilarious MC and pianist' (Three Weeks). Their unique, outrageous show flaunts a unique brand of operatic cabaret and showcases some of the catchiest and best loved anthems of legendary artists and icons such as 'Queen' and 'The Beatles'.

Featuring bold, striking and often humorous interpretations of pop, RnB, jazz, sketches and musical theatre favourites performed like you've never seen before!



The many places where they have performed include the Fringe Edinburgh, on Classic FM and BBC London, at Birmingham Hippodrome and they were a star turn at the Waterlooville Music Festival; we

are delighted that they will be with us in Denmead.

**The details:**

Place and time: All Saints' Church Hall Denmead;  
arrive at 7.00pm on Saturday 26 October

Dress code: smart casual

Tickets from John Byrne 023 9225 3621 are  
£22.50 members, £23.50 non-members

There are limited tickets and 'All That Malarkey'  
have a following so don't delay - buy your tickets  
now.



We are always looking for new members to join us. Interested? Then  
contact Patrick Binks 9226 2912.

## Denmead Horticultural Society

[www.denmeadhorticulturalsociety.btck.co.uk](http://www.denmeadhorticulturalsociety.btck.co.uk)

At our talk in July Alan Edmondson opened our eyes to the importance of beetles in the garden. Among the gardeners friends' ladybirds are easily recognised the 7 spot being the most common native. However the Harlequin ladybird which arrived 15 years ago is now more numerous and when it runs out of aphids will eat other insects including ladybirds, a good reason to avoid spraying and leave enough aphids to feed them all - a ladybird larva can eat up to 5000 aphids in its lifetime.

Ground beetles help the gardener by eating slugs and caterpillars and the violet ground beetle is most common in the UK. They are nocturnal and live under logs, stones and leaf litter so it pays not to be too tidy. Our largest beetle is the ferocious looking stag beetle which is on the wing in May and June and feeds on decaying wood. The rose chafer beetle is bright metallic green and although it feeds on roses and peonies its larvae do good work digesting waste matter in the compost heap.



Some of the less welcome beetles in the garden are vine weevils, flea beetles, pollen beetles, asparagus beetles, lily beetles and last year's top pest the viburnum beetle. It is the larvae that do the damage mostly to v tinus and v opulus and the advice was to hang up fat-balls as birds will also eat the larvae. The bright red lily beetles are best picked off by hand but when disturbed they fall to the ground so the trick is to place a small umbrella under the plant to catch them.

Alan certainly aroused our interest in this group of insects and showed us many excellent pictures ending with the famous beetles from his home town of Liverpool. We don't have a talk in August but are back on 3rd September with a talk on Pruning Roses and Fruit Trees.

In August we are busy with the show on Saturday 17th – do come along to support us and see the exhibits in the hall and church. If you would like to have a go pick up a schedule from Parkers or download from our website, entry forms have to be in by Tuesday 13th.

*Liz Williams, 023 9226 9642, [liz@greensleeves.eclipse.co.uk](mailto:liz@greensleeves.eclipse.co.uk)*