

Summer Time

Much of the year in the UK can be quite damp and gloomy; warmth and sunshine are an exciting novelty when they arrive. When summer comes, it brings about a pleasant kind of national madness: it is the 'silly season'. We endure traffic queues to get to our beaches, obsess about our gardens, and relish the chance to leave our layers firmly in the wardrobe.



Summer is also a 'soft season'. By this I mean it is a time when we slow, ever so slightly; when we try to make the most of the long, light evenings; when we choose to get outside more; when a lot of us choose to take our holidays. The heat (if and when it arrives!) makes us less inclined to hurry.

Summer is a time for healthy disengagement from some of life's routine, as schools and parliament go into recess. Of course, it can be busy – children's activities, social events and family gatherings on top of the usual patterns of work and rest can mean we end up trying to fit in too much!

“a time for healthy disengagement from some of life's routine”

In the church year, summer is part of a long stretch that we call 'Ordinary Time', beyond the celebrations of Easter and Pentecost, leading us right the way through to Harvest, Remembrance and on into Advent. Ordinary Time, is a season in which we mark time, free from significant events, recognising God's presence, ►

love and truth with us in the ordinariness of our everyday lives. Ordinary time is not dull; rather it provides opportunity for us to reflect and ponder on the vastness of our extraordinary story – and its significance to you and me.

This Summer make sure you take time to slow down for a bit, to spend some time in retreat, to reflect, to pray, to read the Bible, to come to church, to invite friends over for a BBQ, to engage with community, to

invest in relationships more consciously and attentively. The possibilities are many.

“The Psalms aren’t nice or polite, but honest and real”

This Summer at All Saints, as we move into Ordinary Time, we will be looking at the Psalms from the Bible. The Psalms are a bit like a photo album; a book full of pictures from a range of everyday, ordinary experiences in which all sorts of emotions are expressed – fears, hopes, joy, anger, longing, gratitude, doubt and worship. The

Psalms aren’t nice or polite, but honest and real. They help us discover ourselves and reflect on our relationship with God. And so, this summer, I’d encourage you to read through the Psalms and allow God to draw you to himself.

May this summer be a time when God works something extra-ordinary in our ordinary lives.

Wishing you a restful summer;

Emma

Revd Emma Racklyeft

All Saints Church Services

Sunday 2nd July – 3rd Sunday after Trinity

- 8.00am Holy Communion
- 9.30am Parish Communion
- 6.00pm Healing Service

Sunday 9th July – 4th Sunday after Trinity

- 8.00am Holy Communion
- 9.30pm Family Praise with Baptism
- 11.15am Baptism
- 6.00pm Evensong

Sunday 16th July – 5th Sunday after Trinity

- 8.00am Holy Communion
- 9.30am Parish Communion
- 11.30am Baptism
- 6.00pm Taize

Sunday 23rd July – 6th Sunday after Trinity

- 8.00am Holy Communion
- 9.30am All Age Communion
- 6.00pm Evensong

Sunday 30th July – 7th Sunday after Trinity

- 8.00am Holy Communion
- 9.30am Parish Communion
- NO EVENING SERVICE

Every Thursday there is a Communion at 11am. – this is a 'said' Prayer Book Communion Service.

Morning Prayer is said daily at 8.30am.

The Church is open for private prayer. If you wish to light a candle, there is a candle stand in the Sanctuary of the Chapel of Healing and Unity.

Home Visiting Group

If you are lonely, sick or housebound or would just like someone to visit you we have a confidential visiting team and one of our members would willingly come, visit and spend time listening to you.

Please phone us on 9226 8757. If the answerphone is on leave a message and we will phone you back.

Bereavement Support Group

There is a monthly 'Tea and Friendship' afternoon for anyone recently bereaved. This is an informal time when people can meet others, have tea and make friends.

We meet on the 4th Wednesday of each month between 2-4pm in the church hall. For more information please phone All Saints Church office 9226 8757 or Merrill Partridge 9226 6159.

Denmead Art Exhibition

Did you know the All Saints' annual Art Exhibition has been going for 44 years?

This event is as popular as ever and will again be held in the Church Hall, on 23th and 24th September. We generally get about 400 paintings exhibited – the work of around eighty local artists.

The exhibition is also a very enjoyable and worthwhile event in the life of the Church – an opportunity for a good number of people to help out, using their various abilities, and enjoying each others' company over the weekend! There are a number of different roles, so please feel free to volunteer - even for an hour or two. Please speak to one of the Churchwardens or call the office.



If you or anyone you know would like to show some paintings please get in touch and we'll give you the details – or look at the website: www.denmead-art.co.uk for all the information and an entry form.

Please call the Church Office 023 9226 8757 or email info@denmead-art.co.uk

Next Messy Church – Saturday July 15th at 3.30

For all families with children – the whole family is welcome to Messy Church – grandparents and carers included.

Join us in this fun-filled afternoon of craft, singing and eating together. We meet in the Church Hall from 3.30pm – 5.30pm.



Further information can be found at www.allsaintsdenmead.org.uk/messy-church or from Revd. Emma Racklyeft 023 9226 2647 or Revd. Sandie Osborne 023 9236 2591.

Messy Church will not be running in August.

Denmead Baptist Church

Denmead Baptist Church is a small, friendly fellowship which has worshipped in the village since 1717 and has been at 'The Cornerstone' since 2014.

Our weekly Sunday services start at 10.30am, they are informal and incorporate a worship band, children's activities and bible based teaching for the adults and young people. We also enjoy many social activities together.

For further information, please go to:

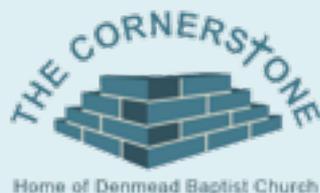
Website: www.denmeadbaptistchurch.org.uk

Email: admin@denmeadbaptistchurch.org.uk for room bookings/enquiries

'The Cornerstone', 22 Mead End Road, Denmead,
Waterlooville PO7 6PZ

We look forward to welcoming you to our church.

Noah's Ark
parent and toddler
group runs on
Wednesdays,
10-11.30am.
£1 adult
50p per child



Sacred Heart Catholic Church

Mass Times

Saturday Mass Vigil: 6.15 pm

Sunday Masses

10.30 am Children's Liturgy

6.30 pm Folk Mass

Please refer to Newsletter for
weekday Mass times.

*The Church of the Sacred Heart
and St Peter the Apostle*

356 London Road, Waterlooville,
Hampshire PO7 7SR

Parish Priest: Rev Mgr Canon Jeremy Garratt
(023) 9226 2289

shspa@portsmouthdiocese.org.uk
www.waterlooville-catholic.org.uk

Baptisms

9th July	Esmé Swan Pakes-Geddes Oscar Noel John Pople Noah William Byrne Amelie Elizabeth Byrne
16th July	Phoebe Ann March

Weddings

29th July	Emma Rosalind Shepherd and Barry Lawson
-----------	---

Funerals

19th May	Brian Robert Nicholl aged 72
6th June	Kenneth Edward Taylor aged 81
13th June	John Edward Blackman aged 61

Rita Smith

Rita Smith was born in North Boarhunt, the only child of Walter and Ivy Stubbington, who was a market gardener. As a little girl, they moved to a new house in Anmore Road and she attended what is now known as the Old School in Denmead.

Early memories were of wartime and seeing all the soldiers parked outside the house ready for the D Day invasion. She sneaked out of school to see the King travel through the village to review the troops and remembered hearing that George Formby had performed near the school. About the same time, her father met Winston Churchill at Droxford Station.

It was at her first job, that she met husband, George and was swept off her feet by his flashy MG convertible. They married in 1954 and after a brief time living in Portsmouth they moved to Maple Drive. When her mother died, Rita and George moved back to the family home to look after her



father and brought up their three sons, Stephen, Brian and Tim.

Rita worked at HMS Dryad and used to ride her bike every day to Southwick. She then worked at Green Meadows and would always keep in contact with the friends she made at work.

Rita would say that some of her fondest memories were of trips out on their boat. Especially memorable was the day trip to Bembridge with best friends Mick and Gloria that turned into a week's impromptu holiday on the island. Although they emigrated to New Zealand in the early Seventies, Gloria said the other day that she still thought of Rita as her best friend.

Rita and George's love of the Isle of Wight led them to buy a chalet near Yarmouth and they spent many happy times exploring the island. When retired both loved cruising on the Canberra and travelling in Europe on coach trips.

She was proud to be a founder member of Denmead Bowling Club, took part in village events and joined with her friends to raise money for the Rocky Appeal.

Rita loved walking up to the village. This short journey would often take a couple of hours as it frequently involved stopping for coffee and a chat.

In recent years, she always looked forward to her regular Bereavement group, her Communicare minibus trips, lunches at the Church and Brian popping in every day.

Rita was so proud of her grandchildren and great grandchildren. In her last year she was so pleased Alex and Emma went to university and Harry completed his apprenticeship. On her very last trip out, Tim took her to see the new house that Lauren and Sam were about to buy together. She will be greatly missed by all.



Denmead Community Centre

Denmead Film Night – Manchester by the Sea, Saturday 29th July – Casey Affleck is on electrifying form as Lee, a surly janitor living alone in a Boston suburb. Summoned by his family after his brother suffers a heart attack, Lee returns to his seaside home town to face the secrets of his past. Also starring Michelle Williams.

To reserve your tickets call 92 256132.

Do you need some legal guidance? Churchers Solicitors conducts a free drop in session the first Monday of each month, from 9.30 am to 11.30 am, no appointment necessary. In addition Citizens Advice Outreach service will operate a free session each Thursday from 9.30 am to 11.30am

If you would like to receive our new electronic newsletter detailing the events and activities held at the Community Centre, just visit our website www.denmeadca.com and click "join the email list".

Flower Arranging Workshop

Denmead Horticultural Society

You are welcome to join us at Denmead Memorial Hall on the second Wednesday of the month when a demonstrator will help us to improve our flower arranging skills. The next meeting will be on July 12th when Mary Holiday-Bishop will give us ideas on how to arrange a supermarket bunch of flowers.

Please contact Trish 07947611699 or patricia.bailey333@gmail.com for more information.



Denmead Evening Women's Institute

At our Annual Meeting held in May our new Committee was formed. As two of our committee members have stepped down we were delighted that four other members agreed to serve bringing new energy and ideas. Annual Reports and Competition trophies were presented. We also discussed and voted on two resolutions agreeing to support these at the National AGM in Liverpool on 7 June. The delegates at that event voted to pass both resolutions, both of which will now form the basis of new NFWI campaigns. These resolutions are Alleviating Loneliness and Plastic Soup: keep microplastic fibres out of our oceans. More information about the WI's many campaigns can be found at www.theWI.org.uk/campaigns

On 4th July some of our members are joining a group of ladies from various local WIs to see the musical show The Girls in London. Written by Gary Barlow & Tim Firth this musical is based on the Yorkshire Calendar Girls.

Our monthly Meet & Eat at the Harvest Home in June was very popular again and our next gathering will be at The Bakehouse at 12 noon on 13th July.

At our monthly evening meeting on July 19th we will learn about The Work of the Portsmouth Street Pastors.

The WI plays a unique role in providing women with educational opportunities and the chance to build new skills, to take part in a wide variety of activities and to campaign on issues that matter to them and their communities

A very warm welcome would be extended to any visitors wishing to see what the WI is all about, and they can attend up to 3 meetings free of charge prior to joining. We meet on the third Wednesday of each month at 7.30 pm at the Memorial Hall in Denmead. If you are unable to attend in the evening then Denmead Afternoon Institute would welcome you to their meetings at 2.00 pm on the first Wednesday of the month at the Memorial Hall. More information is available on www.hampshirewi.org.uk or call Irene Woodings (023 9226 3465)

Rowans

Hospice

Registered Charity 299731

Denmead Rowans Support Group

Thank you for all the delicious cakes and for coming to the Tea in the garden on Election Day. We all had a lovely time despite the blustery weather and thank you for all your donations to the Rowans.



Look out for our publicity for our next events. We are planning an evening for tasting local food and drinks, a 'Call my Wine Bluff' and a coach trip to tour the Chelsea Pensioners Hospital on November 28th.

The Denmead Support Group has a small committee who organise fund raising events to help to fund the work of your local hospice. If you would like to know more about us please contact Trish 07947611699 or patricia.bailey333@gmail.com

What's on This Month, and Where

Venue Abbreviations:

ASC = All Saints' Church

CH = Church Hall; HR = Heath Room; UR = Upper Room;

Contact Church Office 9226 8757

MH = Memorial Hall

Contact Mrs S Thomas 9235 5993

DCC = Denmead Community Centre

Contact Mr R Bainbridge MBE, 9225 6132

PC = Denmead Parish Council Contact Tony Daniells, 9224 7947

SHQ = Scout Headquarters

BC = Baptist Church (Cornerstone, Mead End Road)

D = Daily

W = Weekly

F = Fortnightly

M = Monthly

Events occurring Daily and Weekly

are only mentioned once

- i.e. in the first week of the month.

- Times shown refer to hall bookings - please check with organisers for exact times of their events.
- Diary entries should be sent to Gill Barge (denmeadbarges@aol.com) at least one month in advance of publication.

Sat	1	CH	TS ALACRITY SUMMER FAYRE		
		MH	Bootcamp Fitness Class	9.30am	W
			ABS Fitness Class	10.30am	W
		DCC	Southern Arts Academy	9.45-11.15am	W
			Table Tennis	10.00-Noon	W
Sun	2	MH	Karate	5.00pm	W
		DCC	Denmead Junior Brass Band	9.15-10.15am	W
			Denmead Brass Band	10.30-12.30pm	W
Mon	3	CH	Zumba Fitness Class	9.30-10.30am	W
			Breathe Again	11.30am	W
			Slimming World	5.30 & 7.30pm	W
		MH	Denmead Pre School	9.00-3.00am	D
			Wednesday	9.00-12.30pm	
			TS Alacrity	7.00pm	W
		DCC	Old Schoolhouse Pre-School	9.00-3.00pm	D
			Friday	9.00-Noon	
			Free Legal Advice Session	9.30-11.30am	W
			Painting in Watercolours	10.00-Noon	W
			U3A Board Games	2.30-4.30pm	M
			Smart Fitness-Circuit Training	6.00-8.00pm	W

Village Diary

		Table Tennis	7.00-9.00pm	W
		Denmead Bridge Club	7.00-10.00pm	W
	SHQ	Busy Bees Pre School	9.00-Noon & 3.00 D	
		-Friday	9.00-Noon	
		Merlin Cubs	6.30-8.00pm	W
		At the Forest Of Bere Denmead Knit & Bitch	7.00-9.00pm	W
		All abilities are welcome		
Tue 4	CH	All Join in Together	11.00am	W
		Positive Strokes	2.00-3.00pm	W
		3 rd Denmead Brownies	5.45pm	W
		Denmead Horticultural Society	7.30-9.30pm	M
	HR	Coffee & a Chat-All Welcome	9.30am-11.30am	W
	DCC	Creative Play	9.30-11.00am	W
		Upholstery	9.30-12.30pm	W
		Tuesday Pilates Class	5.30-7.30pm	W
		Allsorts Dog Behaviour & Care	5.00-7.00pm	W
		Meditation	6.15-7.45pm	W
		Downland Singers	7.45-10.15pm	W
		Denmead Brass Band	8.00-10.00pm	W
	SHQ	Spitfire Scouts	6.30-8.30pm	W
Wed 5	CH	Pilates	10.00-11.00am	W
		2 nd Denmead Rainbows	4.15pm	W
		1 st Brownies	5.45pm	W
	MH	Denmead Afternoon WI	2.00pm	M
		Denmead WI Belles	7.30pm	M
	DCC	Table Tennis	10.00-Noon	W
		Creative Quilters	10.00-Noon	F
		Tai Chi	1.30-2.30pm	W
		Patchwork Pals	2.00-6.00pm	W
		Smart Fitness-Circuit Training	6.00-7.00pm	W
		Breakaway Quilters	7.00-10.00pm	W
		Kettle Fit	7.15-9.00pm	W
		Parish Council Meeting – Highways & GP	7.30pm	
	SHQ	Concorde Cubs	6.30-8.00pm	W

		At the Forest of Bere Denmead Knit & Bitch	10.00-Noon	W
		All abilities are welcome		
Thu 6	CH	Daisy Tinies	10.30am	W
		Keep Fit	2.00pm	W
		1 st Denmead Rainbows	4.15pm	W
		2 nd Denmead Brownies	5.30pm	W
	CH/HR	Guides & Rangers	7.00pm	W
	MH	Karate	6.30pm	W
	DCC	Table Tennis	9.00 - 11.00am	W
		Citizens' Advice Bureau	9.30-11.30am	W
		Senior Citizens' Luncheon Club	12.30-1.30pm	W
		Southern Arts Academy	5.00-9.00pm	W
	SHQ	Bere Forest Beavers	6.15-7.30pm	W
Fri 7	CH	Mother & Toddler Group	9.30-11.30am	W
		Chair Exercises	2.00pm	W
	DCC	U3A Art	9.30-Noon	W
		Denmead Drama	4.00-7.30pm	W
		Barking Glad Dog Training	6.00-7.00pm	W
		Kettle Fit	7.00-8.00pm	W
		Rose Dog Club	7.30-8.30pm	W
	SHQ	Vulcan Scout Troup	7.00-9.00pm	W
		Phoenix Explorers	7.00-9.00pm	W
Sat 8	MH	GIN FESTIVAL	3.00pm	
Mon 10		At The Forest of Bere-The Royal British Legion Meeting	8.00pm	M
		- Hambledon & District Branch		
Tue 11	CH	Gold Star Dancing	8.00-9.00pm	W
	DCC	Afternoon Social Club	2.00-3.00pm	M
		At the Chairmakers, World's End.- Waterlooville Probus Club	Noon-3.00pm	M
		- Lunch followed by talk		
Wed 12	CH	British Koi Karp Society	7.30pm	M
	HR	Guiders' Meeting	7.30pm	
	MH	Floral Workshop	7.30pm	M
	DCC	Denmead Art	10.00-Noon	F
		Parish Council Meeting - Planning	7.30pm	

Village Diary

Thu	13	DCC	U3A Table Tennis	2.00-4.00pm	F
Sat	15	CH	Southern Arts Academy	9.45-2.00pm	
			MESSY CHURCH	3.30-5.30pm	M
			-See main notice for details		
Mon	17	DCC	Mumbaba	9.30-10.30am	W
			- Parents, Carers & Tots singing group		
			Pilates	11.00-Noon	W
Tue	18	HR	Mothers' Union	7.30-9.30pm	M
		DCC	Denmead Reading Circle	2.15-4.15pm	M
			Chapter Reading Group	2.30-4.00pm	M
Wed	19	CH	Flower Club	2.00pm	M
		MH	Denmead Evening WI		
			– Work of the Portsmouth Street Pastors		7.30pm
		DCC	Parish Council Meeting		M
			– Finance, Admin & Personnel		7.30pm
Thu	20	DCC	U3A Table Tennis	2.00-4.00pm	F
Fri	21	DCC	Swing Sling	10.30-11.30am	W
Tues	23	DCC	Upholstery	9.30-12.30pm	W
Wed	26	CH	Bereavement Group	2.00-4.00pm	M
		DCC	Parish Council Meeting- Amenities	7.30pm	
Sat	29	DCC	FILM NIGHT - Manchester by the Sea	7.30pm	M

COMING SOON

Aug 19th Horticultural Society Denmead Village Show

Sept 23rd & 24th CH **DENMEAD ART EXHIBITION.**

Information from www.denmead-art.co.uk

Denmead Horticultural Society

Our next talk on Tuesday 4th July is by David Standing, former head gardener at The Wakes, Selborne and his subject is Gilbert White the Gardener. David will tell us about his research into 18th century plants and the restoration of the garden to the way it was in the famous naturalist's time. New members and visitors (£2) are welcome to the talk, 7.30pm at the Church Hall.

In May Nik Knight gave us an excellent talk about Bats illustrated with recordings of different species picked up by a bat detector; video clips of bats emerging from their roost and thermal imaging film of them catching their prey. He reminded us that they are declining and as a protected species can only be handled by trained and licenced people. Their roosts cannot be disturbed and the Hampshire Bat Group is always happy to advise and to receive new records of bats. We can help bats by growing night scented plants to attract insects, making ponds, reducing light pollution, putting up bat boxes and leaving crevices for them to enter their roosts.

Last month Mike Gurman's talk gave us many reasons to try foraging including finding free food, fresh food and different food as well as being out in the fresh air and taking interest in what is around us. Don't be put off by thinking it is dangerous as knowledge can be gained from books

and by going out with an experienced guide. Mike asked us to imagine we had never seen a blackberry and had to identify it in the wild from a description of the berry – it would be easy to think ivy berries, purging buckthorn or mulberries fitted the description but because we recognise other characteristics of the plant we can be sure we have the right berry and the same can be true for other plants once we learn the details of their structure and habitat. Mike gave us many examples of berries, fruits, fungi and seafood he has collected and turned into delicious meals as well as showing some of the craft objects he has made. Many of his craft ideas, experiments and recipes can be seen on his Atomic Shrimp website and YouTube channel.

We don't have a talk next month but are busy with

... Village Show on Saturday 19th August

preparations for the **Village Show on Saturday 19th August**. Schedules are available from Parkers so pick one up to see what you could enter. We would be grateful for donations of china for the crockery smash, bottles for the bottle stall, home-made cakes for the Tea Terrace and lots of help on the day.

Liz Williams, 023 9226 9642

Denmead Twinning Association

Some 50 people from Denmead have just spent an enjoyable long weekend in France with our friends from our twinned village, Saint Georges les Baillargeaux, near Poitiers about 4 hours drive from the ferry at Caen.

This was a special visit to mark our 25th anniversary of the twinning of our two villages; we bought them a wooden bench to celebrate this which will be placed outside their town hall.

This time we started the weekend of events with a meal and entertainment in their brand new village hall; the Denmead team provided part of the entertainment singing several Beatles songs, dressed appropriately.



Denmead Beatles performing

Each Denmead family has a twinned family from St Georges whom we stay with and spend some time with - this always involves meeting people, visiting interesting places, enjoying local food and delicious French wine.

Another day the St Georges' organisers hired a coach to take us out and we went to a fascinating botanical theme park, Chateau Brissac which is the tallest French chateau (where we met the Duchess), and a great wine tasting in another chateau where we sampled and bought many good-value Anjou wines.

During the year we have several social events here in Denmead and are always keen to have new members join us; speaking French is not essential! Do come along and meet us!

For information on Denmead Twinning Association contact Patrick Binks 9226 2912 or checkout the website www.denmeadtwinningassociation.com



Denmead Village Association

The May meeting followed a different format from the usual. The Chairman opened the meeting by reminding members of the planned guided tour of Winchester and advised that if there are insufficient numbers the tour will not take place.

He then introduced the speaker, Keith Thomas, from the Gosport and Fareham Inshore Rescue Service (GAFIRS), which was founded in 1969 and is based in Gosport. Around the Isle of Wight there are 6 independent lifeboat stations undertaking search and rescue for HM Coastguard in response to 999 calls or Mayday calls. A hoax call recently involved 7 lifeboats, ambulances and helicopters over several hours. HM Coastguard operates helicopters but not lifeboats – these are provided by volunteers.

The crew carry pagers, which are tested every Friday evening at 8pm, coinciding with our meeting! The boat operates with 4 crew and can carry 12 survivors. It has a comprehensive set of rescue equipment and first aid equipment. In total there are 22 crew, who operate a rota system to ensure that there are always sufficient crew available. GAFIRS also operate a Land Rover to support lifeboat

operations. There is no charge for using the service; it is run entirely on donations and their own lottery. The life of each boat is approximately 18 years; the current boat cost £370,000 and GAFIRS is already saving towards their next boat. Running costs are £60,000 per year.

The crew are trained to the RYA syllabus and also in basic first aid and the cycle is renewed regularly. In addition to their seaborne operations they give free talks to schools and youth groups on sea safety.

The Chairman thanked Keith for his talk and then updated the members on various planning matters, adding that he had not yet heard the outcome of the Carpenters Field application.

The next open meeting will be the Annual General Meeting in All Saints Church Hall at 7.30pm on Friday 15th September. The annual membership fee is now £3 per person and, in addition to interesting speakers at our open meetings, you would be helping to support the village. The treasurer, Mrs Janet Nobes, 8 The Smithy, Denmead, PO7 6YS, telephone 02382 255981 will be very happy to hear from you. She has available for sale various items of interest relating to Denmead.

Gloria Jarrett, Secretary

Denmead Afternoon Women's Institute

At our June meeting we welcomed Janet Gorey "Bluebird the Storyteller". Janet kept the members enthralled with a number of stories on a variety of subjects. She added to the atmosphere with a delightful backcloth. Janet has about 100 stories to tell so we look forward to hearing her again

The competition for a child's storybook was won by Joan Spooner with Betty Kemp second. Ruth Giles won the flower competition with Joan Spooner second

Final arrangements were made for the group round of the County Quiz at the end of the month.

Arrangements were made for the coach party tea later in the month. This is our main source of income to enable the institute to continue.

This month's meeting will include a talk by Mrs Caush on "The Therapeutic Art of Knitting". The competition will be for a knitted garment.

Instead of a monthly meeting in August we will have an outing to Jane Austen's House and a trip on the Watercress Line.

The institute will again have a stall at the Horticultural Society's Village Show on Saturday August 19th.

We extend a warm welcome to all ladies to our meetings held at 2pm on the 1st Wednesday in the month in the Memorial Hall, Hambledon Road. WI offers talks and demonstrations on a variety of subjects and is the ideal way to make new friends, especially if you are new to the village and we welcome visitors to our meetings. If afternoons are not suitable Denmead Evening institute would welcome you at 7.30 on the third Wednesday of the month.



Joan Downing (9226 5458)

CAB

Lesley Rose, Advice Services Manager for Citizens Advice Winchester District looks at what you're entitled to if your flight is delayed.



Q *I recently flew from London Gatwick to Dubrovnik and my flight was delayed by three hours. Am I entitled to compensation?*

A Because your flight departed from Europe and was delayed for at least three hours then you're entitled to receive compensation from your airline, so long as the delay is their responsibility.

Unfortunately, you won't get compensation if it was delayed for less than three hours or if it wasn't the responsibility of the airline such as bad weather or a strike.

The amount of compensation you'll receive is set depending on the distance of the flight, the length of the delay and whether you're flying to an EU or non-EU destination.

With a medium haul distance within the EU, such as London to Dubrovnik you should be entitled to up to **€400 (£352)** in compensation. The airline should also give your vouchers for food and drink and access to phone calls and emails.

Where a flight is delayed by five hours or more then the airline has to give a full refund no matter whose responsibility it is and regardless of whether you choose to take the flight or not. You may be entitled to other compensation too, such as overnight accommodation or a connecting flight depending on your circumstances.



For more information contact Winchester District Citizens Advice Bureau, at our Bishops Waltham office, (Well House, 2 Brook Street, Bishop's Waltham, SO32 1AX, 01489 896376) or Denmead Outreach at Denmead Community Centre, School Lane, Denmead, Thurs 1 – 3pm.

Alternatively, call the Adviceline on 03444 111306

Citizens Advice Winchester District is an independent charity offering free, high quality advice to everyone in our community.

Home Start Meon Valley – How We Can Help

Many parents need help, friendship advice or support during those early years when children are young. There is no rule book for raising a family and sometimes it can seem overwhelming. But if you can get the help and support when you need it, then day-to-day family life and your children's future can be so much brighter.

Do You Ever Feel Like This?

- Isolated in your community?
- Suffering from low mood or post – natal depression?
- Struggling with the emotional or physical demands of having twins, triplets or more?
- Struggling to cope with a disability or relationship problems?
- Tired, unhappy, exhausted?
- Overwhelmed following bereavement?
- Any other problem making it difficult to enjoy being a parent?

Home Start Meon Valley Can Help!

Home-Start provides a unique service for families, recruiting and training volunteers to support parents with young children. Home-Start volunteers are all parents themselves or have parenting experience, and are trained to enable, encourage and support parents to give their children the best start in life.

If you are a parent who feels like you could use a little extra help and support, then please do contact us for an informal chat to see if we can help.



Hampshire County Council

Living Independently

Hampshire County Council's investment to enable the development of Extra-Care accommodation to support the greater numbers of people living into old age, and younger adults with learning and physical disabilities is set to exceed £70 million by 2022.

The challenges facing the Authority in caring for these vulnerable residents requires consideration of the widest range of possible options – including building new schemes and improving a number of existing sites. As such, £45 million is



being invested over a decade to stimulate the development of schemes for older people across the whole county, with a further £35million for schemes to support younger adults with learning and physical disabilities.

Library Cards

Parents are signing up their babies to their local Library at the same time as registering their births, as part of a new Hampshire County Council initiative. In the past year, 1,267 new babies have received their very own Library Cards from Hampshire Library Service after visiting Hampshire Registration Service. The voluntary scheme has seen around 20% of all babies registered in Hampshire join the Library Service since May 2016.

Nowadays Libraries are much more than just places to inspire excitement about books. They are the hub of local communities, providing family activities such as baby rhyme time and story time as well as registration and health services, coffee shops and public internet access. More and more families are choosing to sign up their new-borns whilst registering the birth.

Health Update - Leaving Hospital

When leaving hospital tracking down the right type of support can be difficult. The good news is that help is now at hand in the form of a new website for the public, which is also being made available via 'smart tablets' and touch screens in the County's hospitals.

Connect to Support Hampshire is a one stop shop for care and support services. The website <https://connectsupport.hants.gov.uk/> brings together information about home care agencies, community activities and support groups, as well as information about residential care homes for those who need this type of long term support. The web pages can be filtered in a variety of ways, including by location, to make it easy for residents to search for the information they need about the support available to them in their local area.

Access to the information is now being made even easier for those currently in hospital, who need extra support to return home safely. Our hospital based discharge teams in Southampton General Hospital, Queen Alexandra Hospital (Portsmouth) and Frimley Park Hospital have been provided with 

'smart tablets' that can be taken onto wards to help patients identify appropriate support services that can be accessed, whether or not they are eligible for Council funded care.

The Southampton General Hospital scheme has been taken one step further, with a wall-mounted touch screen installed on site for the public to use. The mounted frame enables patients, as well as their families and health professionals, to make use of Connect to Support to help meet their needs when they leave hospital care. We hope to introduce the service in the County's other hospitals in the coming months.

Patient Advice and Liaison Service (PALS)

Residents may not be aware that the NHS offers confidential advice, support and information on health-related matters. PALS provide a point of contact for patients, their families and their Carers and you can find Officers from PALS in the local hospitals. Contact details for QA Hospital, Portsmouth are email: PHT.PALS@porthosp.nhs.uk or telephone 0800 917 6039. PALS provides help in many ways. For example, it can:

- help you with health-related questions
- help resolve concerns or problems when you're using the NHS
- tell you how to get more involved in your own healthcare
- give you information about the NHS
- explain the NHS complaints procedure, including how to get independent help if you want to make a complaint
- support groups outside the NHS

You can find your nearest PALS office on the NHS Choices website. You can also ask your GP surgery, hospital or telephone NHS 111 for details of your nearest PALS.

Patricia Stallard,

Hampshire County Councillor, Winchester Southern Parishes

pgstallard@aol.com 023 92 251484

District Council Up-date

Following the County Council Elections in May the City Council welcomed the new Right Worshipful Mayor of Winchester, Cllr David Mclean who lives in Bishops Waltham. Cllr Mclean is holding a number of fundraising events for his chosen charities.

If you require any information or advice regarding local government affairs please contact them contact details can be found on the Public Notice board or on the internet. If you would like to talk with them a Local Government Surgery is held in the Heath Room, All Saints Church on the first Saturday of each month, no appointment required, open between 10 am to 12 noon.

On behalf of District Cllr's Brook, Read and Stallard

Useful Local Contact Numbers

DENMEAD BAPTIST CHURCH www.denmeadbaptistchurch.org.uk
22 Mead End Road, Denmead, PO7 6PZ. Tel: 9307 8372, email: admin@denmeadbaptistchurch.org.uk

ROMAN CATHOLIC CHURCH www.waterlooville-catholic.org.uk
Parish Priest: Rev Mgr Canon Jeremy Garratt, (023) 9226 2289 shspa@portsmouthdiocese.org.uk

The Registrar of Births and Deaths: Appointments Only. Telephone: (01489) 894044
Health Centre: 023 9223 9630
General Visiting, and Help in Bereavement – please contact Church Office: 9226 8757
Denmead Community Care Group: (COMMUNICARE) 023 9223 9630
Denmead Community Centre: 9225 6132 9am - 3pm, Monday-Friday
Memorial Hall Bookings: Mrs S Thomas, 9235 5993
Police Contact No: 08450 45 45 45
Burial Ground enquiries: 9224 7947
Denmead Parish Council: 9224 7947
Winchester City Council 01962 840222